

BEING MENTALLY ILL IN PRISON AND
NOT KNOWING WHAT IS GOING ON FROM ME
A TRUE STORY I WAS THERE - THIS GUY WAS 2 CELLS DOWN

IMAGINE YOU ARE SOOO MENTAL NOT THERE EVERY TIME YOU
POOP YOU SMEAR YOUR POOP ALL OVER YOUR CELL WALLS
AND FLOOR AND STAFF REFUSES TO CLEAN UP YOUR CELL
AND LEAVES YOU IN THAT CELL 24-7-365 - AND MAKES
YOU EAT IN YOUR CELL WITH POOP ALL OVER THE WALLS
AND YOUR BODY - ONCE A WEEK OR SO YOU ARE FORCEABLY
REMOVED FROM YOUR CELL AND THE CELL SORT OF
CLEANED ANY YOU FORCE SHOWERED THEN YOU ARE PUT
BACK INTO THE SMELLY CELL AND YOU POOP AND SMEAR
IT ALL OVER YOURSELF AND WALLS - THIS GOES ON FOR
A YEAR OR SO THEN COPS PULL YOU OUT OF YOUR CELL
AND BEAT THE HELL OUT OF YOU AND YOU HAVE NO
CLUE WHAT IS GOING ON OR WHY YOU ARE GETTING
BEATEN UP...

THAT IS PRISON MENTAL HEALTH CARE
IN ARIZONA - TUCSON - ARIZONA

MENTAL ILL ARE PUT INTO 24-7-365 -
LOCK DOWN IN A 9X7 CELL WITH NOTHING
IN THE CELL EXCEPT A BED MAT
AND A TOILET - IF YOU ARE GOOD THEY LET YOU
OUTSIDE 3 TIMES A WEEK FOR ONE HOUR OR SO TO
STAND AROUND IN A 4X6 FOOT CAGE - IF YOU ARE
NOT GOOD OR NOT THERE ENOUGH TO SAY YOU WANT TO
GO OUTSIDE YOU SIT BRAIN DEAD WITH NO
STIMULATION AT ALL 24-7-365 -
SOOO DISCRACEFUL BUT "NORMAL" TYPICAL IN PRISON
OVER ✓

LOOK UP THE LADY THAT BAKED TO DEATH IN A
3X3 FOOT HOLDING CAGE SHE HAD THIRD
OR FIRST DEGREE BURNS FROM LAYING ON
THE GROUND - A ONE YEAR SENTENCE TURNED
INTO A DEATH SENTENCE FOR HER THEY GAVE
HER NO WATER ALL DAY IN 120 DEGREE HEAT
NO SHADE AT ALL TYPICAL ARIZONA STATE
≡ PRISON POLICY - REFUSE TO PROVIDE EVAN
THE SLIGHTEST OF NEEDED ANYTHING EVAN WATER

LOOK UP THE GUY AT SMU-1 FLORENCE AZ
THAT THEY LET STARVE TO DEATH IN HIS CELL
2007 or 8 or so

ALL CELLS AND ALL AREAS NEED CAMERAS SO
ALL CAN SEE THE DEGRADED ABUSE IN PRISONS
≡ AND JAILS ESPECIALLY THE MENTAL HEALTH
SOLITARY CELLS WITH NOTHING IN THEM THAT
POOR NOT ALL THERE HUMANS SIT 24-7-365 - WITH
NOTHING TO DO

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A 10 MONTH WAIT FOR GLASSES IS "NORMAL"
AT ARIZONA PRISONS