

START:

Feb 24, 10

It's been 15 years since inception  
locked down here in the Dept. of  
Correction. I must say it's been  
a horrific ordeal indeed. Started  
out just a young buck in my teens.  
Had no idea what tragedy I had  
imposed upon myself and family right  
along with me from my absence. Looking back on my former  
days I wish I could turn back the  
hand of time, while a magic wand  
~~erase~~ manage that day, that fateful  
day that changed the course of  
time. The events that occurred ruined  
my whole life. Although I was quite  
young, lacked the maturity to  
make the proper decisions. I want  
sit back and attempt to make  
excuses, at this stage and in this  
age. It's time son, time to come  
clean, for the sake of closure,  
closure for all parties involved.  
The victim's family has endured enough  
grief, oh what I would do to mend  
the wounds, if I could only  
massage the heart. we all could  
lay our heads down at night and  
sleep in peace. Oh how many days  
weeks and years have we been  
carrying this, this heavy load.  
I just want to serve notice on  
you, we can find the strength  
to let go, and let go, the

Kern Valley State Prison  
Facility B, Building 3

(1)

BooRngg - to muster up the courage  
to heal ourselves. we can't alter  
what happened on that day. but what  
we can do is put the pieces back  
together, slowly but surely we  
shall survive - we will make  
it, not only survive, but thrive.  
thrive in the midst of pure utter  
darkness. you see my friend, I too  
have suffered, I too am fractured  
with heavy ache and pain. I know  
what it's like my friend. it's not  
okay to call you that, I hope so.  
I too have had my share of  
~~more sleepless nights~~  
~~sleepless nights~~  
~~problems~~  
~~problems~~  
in the midnight  
hour,ough well, come on, drop  
that shiss then, lay in the  
midnight hour, I've had death  
come visit me, all I can say,  
here by the grace of god go  
I..... The lord made death  
blame, when I walked the  
floor at night, I don't think  
I would make it. pulled out  
my hair, sit back - listen up.  
because I'm coming for you  
today, I know you looking pre  
ety, you got your hair all  
slicked back, all crossed  
out with the prettiest gear,  
but behind all that - behind  
all the pretty makeup, you

(2)

too loggers, when they door closes  
at night, you all alone, so alone,  
the lil tears trickle on down.  
I don't know ~~what~~ & when in your  
flesh<sup>exists</sup>. Don't know who left you  
down, who did you wrong. I can't  
answer why it had to ~~go~~ <sup>pop off</sup>.  
But none of that matters, it's  
all irrelevant. What matters  
<sup>most</sup> is important. It's to focus on  
the road ahead. If where ever  
going to get stoppin on this  
journey of life, we got to bury  
it all in the tomb of time, leave  
it there, so it can't hurt us no  
more, no more. ~~Kem Valley State Prison~~  
~~Facility B, Building 3~~ is stop right  
here right now no more. Son, no.  
no no, I declare right now  
"you will live and not die". You  
hear me, you will live and  
not die, although you don't understand  
the future appears to be bleak, as  
so much uncertainty abounds. Although  
we may be lost, we shall be found  
round, & the ~~spirit~~ <sup>grief</sup> of despair. You  
can, you will rise on up out  
of that, that foul spirit of  
depression that comes to wreck  
havoc on our mind. We've wasted  
too much time, let down and away  
opportunities. All because we can't  
catch a glimpse beyond the clouds,  
if we had only taken a moment

(3)

to look we would see, behind  
the darkest cloud, often follows a  
bright sunny day. Enough is enough  
get busy living, you will make it  
way, you will find away. Inside  
of you, that's how inside of you  
is all you need to know, to discover  
the gifts and talents that reside,  
reside all inside of you, come on  
don't let all the doom and gloom  
destroy your life, there is a future  
can't letcha know something,  
there's good news, there's still  
time, you can overcome, get  
past and beyond what has brought  
you ~~almost~~ <sup>to</sup> the verge of  
giving up. In the nick of time  
you kept on steppin, if you hadn't  
took another step, you would have  
died in your misery. <sup>your reports of moving forward.</sup> Applaud  
you for ~~moving~~ <sup>your</sup> forward, keep  
moving, keep on, keep going on.  
your like the Energizer bunny.  
you live & die ~~keep~~ take a  
chicken and keep on tickin,  
that is ~~most~~ <sup>you</sup> what you must  
realize & the tenacity. the strength,  
you got what it takes, you got heart,  
Even when you stumbled all over  
the place, you still moved forward,  
your running out of time,  
we ain't getting no younger,  
fix now or never, get up

(4)

OUT OF THAT MESS YOU'RE IN, IT SHOULD  
IT WILL, IT CERTAINLY WILL COME  
TO PASS, TAKE THE MEASURES, TAKE  
THE STEPS, DO WHAT YOU GOT TO DO  
TO GET TO YOUR DESTINY, THE REASON  
YOU DIDN'T DIE, THE REASON YOUR  
STICK HERE, SLIT YOUR ARM, CUT  
YOUR WRIST UP AND DOWN AND  
ALL AROUND, THE REASON YOU  
DIDN'T DIE WHEN YOU TOOK ALL  
THEM PILLS, (THAT SHOULD HAVE ~~HAD~~  
~~TOOK YOU OUT~~ ~~REMOVED YOU~~ BY THE WAY, THAT'S NOT  
A MOVE), WHEN THEY PUMPED  
YOUR STOMACH EMPTYING ~~OUT~~ THE POISON,  
MY GOD, LOOK AT THE MERCY - WHAT  
BEEN THERE ~~done~~ <sup>Kern Valley State Prison</sup> THAT GOT A  
<sup>Facility B, Building 3</sup> T-SHIRT, DON'T LOOK AT ME CLOSE,  
LIKE YOU SOME SAY IT WHEN  
GOT IT ALL TOGETHER - DON'T EVEN  
TRY TO EXPLAIN TO ME HOW ALL  
YOUR T'S ARE DOTTED AND YOUR  
T'S ARE CROSSED, I KNOW YOUR  
SCREWS ARE ALL ON TIGHT, ~~SO~~ FUNNY,  
YOU QUIRE A CHARACTER IT AINT  
GOT TIME FOR THE GAMES, SAWE ALL  
THAT FOR ~~DRUGS~~ WHATEVER YOU CHOOSE  
TO PROJECT AS IMAGE OF PERFECTION  
WITH ~~DO~~, FORGIVE ALL THE GREATNESS TO  
THEM, I AIN'T THE ONE, I KNOW  
THE PLACE YOU, ~~AND~~ LONG <sup>YOUNG</sup> THE  
~~ONE~~, THE ONE WITH ISSUES,  
(5) SO MANY, TOO MANY PROBLEMS  
IN A GOOD PLACE, THEY SAY WHEN

IT RAINS IT POURS - WHEN WILL  
IT EVER LET UP - HOLD UP, STOP THE  
WAITING, LET US PAUSE FOR "I  
PITY" SONG BY AMANDA PEKE,  
---- SEE AS DIFFICULT AS  
IT IS FOR YOU TO EXCEPT, GRASP IT ALL,  
IT'S NOT PROFOUND. IT AINT NO BIG  
FANCY CONCEPT, ALL I ASK IS ~~SO~~<sup>YOU</sup>  
BEGIN TO BECOME AWARE OF THE POWER  
YOU HOLD, THAT WILL POWER TO MAKE  
A DIFFERENCE, ALTER THE COURSE OF YOUR  
LIFE FOR THE BETTER. YOU ALL BY YOURSELF  
GET WHAT IT TAKES, THAT'S THE REASON  
YOUR SYLL ACTIVE, BECAUSE THERE'S  
A PURPOSE FOR YOU - YOU WERE PUT HERE  
~~FOR A REASON, DONT ASK ME~~ - YOU  
GOING TO HAVE TO DEFINE THAT  
PURPOSE, CARVE OUT YOUR OWN  
NICHE DRUG, YOU'LL KNOW, & WONT  
GIVE YOU AHEADS UP, TRUST ME, YOU  
KNOW WHEN YOU HAVE ARRIVED, BUT  
~~I MUST~~ I CAUTION YOU THE PATH  
MY FRIEND, WONT BE PAID WITH  
GOOD, I CAN'T PROMISE YOU ALONG  
YOUR JOURNEY THERE WONT BE  
TURBULENCE AMONG THE ATMOSPHERE, YOU  
MAY HAVE TO FIND SOME STEPPIN  
STONES, AND OFTEN MORE TIMES  
THEN NOT, YOU'LL HAVE TO BATTLE  
WITH THEM ~~LEMONS~~<sup>LEMONS</sup>, ~~THOUGH IT'S OKAY~~  
IT'S ALRIGHT, AS LONG AS YOU STRIKE  
DAILY TO STAY POSITIVE, STAY FOCUSED,  
SOW THE SEEDS BY YOUR ACTIONS, THEM

(6)

demons can't touch you, see they can  
only ~~run~~<sup>RUN AMOK</sup> you, cause so much grief,  
only when your depressed, when you  
hold them pity parties, you invite  
them in, they prey on the weak, that's  
when you're most vulnerable, there's  
too much at stake, your life, your  
future, please promise me, you won't  
give in, you won't give up, that  
you'll keep hope alive, there's  
so much worth, ~~but~~ too much value  
left in you, your precious too  
so many rocks, there's only one  
of you, we can't afford to lose  
~~that~~ you, ~~we~~ <sup>Kem Valley State Prison</sup> ~~will never~~  
<sup>Facility B, Building 3</sup> hear  
my voice again, because I'm  
almost on the by on by, it's  
getting late in the evening  
for me, it's almost time to  
roll into my grave, sometimes  
I get scared that blue walls of death  
will begin to settle in my eyes,  
but I shake it off, I've come  
today with one purpose -  
to save you, your life, your future  
that's all that matters to me  
now, I want you to have a  
life I never had, I want you  
to laugh, I want to see you  
smile again to lay, to play,  
to dance, I hope you dance  
kid, ooh I hope you dance,  
the people are depending on

(7)

YOU DONT YOU DARE LET THEM  
DOWN, THEY STOOD BY YOUR SIDE  
WITH YOUR UNCONDITIONAL  
LOVE, PLEASE DO IT FOR THEIR SAKE,  
FOR ALL THE ONES YOU LOVE AND CARE  
ABOUT IN THIS OLD WORLD, YOUR  
LIFE AIN'T JUST ABOUT YOU, YOU  
HAVE THE POTENTIAL TO IMPACT  
A GENERATION, DO THE RIGHT THING,  
AS YOUR SOLE SUCCESS WILL PULL SO  
MANY OTHERS OUT OF THEIR MISERY.  
THEY'LL BE INSPIRED, KNOWING ALL THE  
PURE HELL YOU WENT THROUGH AND MADE  
~~1991, I'M DOING MY BEST TO SCHOOL YOU~~  
~~DOWN, YOU HOLO THE TICKET OUT~~  
OF POVERTY, TO GET OUT OF THE  
GHETTO, THEY NEED TO SEE SOMEONE  
FAMILIAR, WITHOUT A FACE THEY  
WON'T BE ABLE TO RECOGNIZE, WHO'S  
GOING TO BLAST THEM, I'M SORRY TO  
PUT ALL THIS ON YOU, FORGIVE ME.  
I MEAN YOU NO HARM, IT'S JUST  
SO CRITICAL THAT YOU SUCCEED.  
~~ONLY YOU CAN SAVE THEM KNOW,~~  
~~ARE YOU SURE - ME, I'M THE~~  
ONE, YEAH, I'M SURE, BUT YOU  
KNOW I'M THE CHICKEN OR SNAKES,  
YOU KNOW I GOT A POOL - SURE,  
AND YOUR AWAKE AT AIN'T GOT  
IT ALL TOGETHER, HUSH HUSH  
NOW, SOMEONE ELSE I'M  
COOL, YOU'RE THE ONE FOR THE  
JOB, THAT'S THE REASON YOU

(8)

been chosen, because you didn't have  
it all together, you represent the  
least of these, though well - they's  
deep. Let that sink in son, you've been  
osyacized, ridiculed, never did part  
in, it was all for the glory, no grit  
no glory, in order to express testimony

~~that~~ you had to be dragged through  
the mud of affliction, for your  
good. Alby your lonesome, why,  
we coulnt risk contamination,  
Although you were in the crowd.  
you were never of the crowd -  
my my my ~~Keno Valley State Prison~~  
~~Facility B. Building 8~~ splashed you  
from the pack, the rest of your  
circle is all on you, don't let the  
blood remain on your hands -  
it can be made right, we can  
redem ourselves. many years ago  
as a teen I was involved in a  
murder, in which I didn't commit  
the actual offense, my co defendant  
on his own volition decided to  
blow it ~~out~~ out of proportion in  
a fit of spontaneous drastic rage,  
absurd, ooh how I wish I could  
of prevented it from occurring,  
but there was nothing in my  
arsenal to stop a mad man,  
as I was fortunate enough to  
escape with my own life  
in fact, how I feared him in  
which I was physically.

(d)

outmatched in strength, there  
was nothing I could do to  
halt, let alone stop the actions  
of an individual, which brings us  
to the question, what murder  
leaves behind A witness, my life  
was spared as I'm thankful for that,  
for whatever, perhaps if I had a  
gun or weapon & could have  
pointed it at him and said -  
"that's enough": ~~what~~ many may differ,  
but it is my opinion that my life  
was ~~not~~ spared to be used as an  
instrument ~~of~~ <sup>of God's</sup> ~~of God's~~ change, I know  
my heart, I know what I've  
accomplished, to reach a sin  
sick soul has brought my life  
much meaning, to inspire motivate  
bring to the table hope, is to  
know my life hasn't been lived  
in vain, someone somewhere will  
walk away from the street  
life, ooh someone, at the right  
place, at the right time heard  
just what he needed to hear,  
if he had not heard he would  
have fallen victim to the grave.  
If I had not stood in the  
gap in prayer, we would have  
had another ~~dead~~ ~~dead~~ ~~dead~~  
young buck walking into  
a life sentence. All I can  
say is that many are sent

BUT NOW ARE CHOSEN, THIS IS THE  
DIRECTION, MY LIFE HAD TO BE THIS  
WAY, FOR MY FAMILY FRIENDS  
LOVED ONES. YOU MUST NOT  
FEEL SAD FOR ME, SURE THERE  
COURTAIN WAS A PRICE ~~TO PAY~~  
AS I'VE BEEN BEAT RAPED ~~TRAUMATIZED~~  
SIGNIFICANTLY OVER 40 YEARS. I TOO HAVE LOST  
FAMILY, I TOO HAVE BEEN ROCKS  
CLOSE TO ME ~~PLACED~~, WHAT ABOUT  
MY PAIN, WHAT ABOUT MY HURT,  
AM I NOT HUMAN, <sup>BEING</sup> & THE ONLY  
EYES ON ME IN A ~~PRISON~~ ASPECT  
THE MAN ~~ON HIGH~~ WHO'S ON HIGH,  
IS THAT DIVINE HAND THE ONLY  
ONE WHO BELIEVES IN FORGIVENESS.  
I'M SO GLAD THAT THE LORD IS  
MUCH MORE FORGIVING THAN MAN  
OTHERWISE WE ALL WOULD BE  
IN ~~IMPROPER~~ DANGER. I MUST  
TAKE MY SEAT NOW. BEFORE I  
TAKE MY SEAT, TO THE VICTIMS  
FAMILY & SEND YOU MY DEEPEST  
SYMPATHETIC APOLOGY, I'M SORRY  
YOUR COULD ~~NOT~~ PLASHED THAT  
NIGHT, I'M SORRY FOR ALL THE  
PAIN YOU'VE HAD TO ENDURE, FOR THE  
HOLIDAYS HE CANNOT BE IN YOUR  
PRESENT. BIRTHDAYS, NEW YEARS  
CHRISTMAS NOT IN THE MIDST OF  
I'M SORRY FOR THAT VOID IN YOUR  
HEART, THE LONELY NIGHTS AND  
UNSETTLING DAYS, YOU GOT TO PRIDE

(11)

PLACE, CLOSURE, GO AHEAD, USHER  
IT ON IN. DON'T BE AFRAID, THERE'S  
LIFE, CAN I LET CHA KNOW WITH THAT  
THERE'S LIFE AFTER THE WORST  
CASE SCENARIO, NO MATTER HOW  
HOW TRAGIC, HOW HORRIFIC THE  
TORMENT, IT CAN GET WILL  
IT SHALL SOMETHING SOMEWAY,  
THE PAIN THE HURT WILL  
EASE ON UP, TIME WILL, IF  
YOU LET IT, IT WILL HEAL  
HEAL THAT ~~broken~~ broken heart. THE  
STAIRS ~~and~~ <sup>in</sup> the gap in prayer.  
IN WHICH ~~you~~ <sup>keep</sup> HAVE ALL THESE  
YEARS, DON'T LET IT DESTROY  
YOUR LIFE ANY LONGER,  
FIND SEEK THE COURAGE TO  
SLOWLY BUT SURELY LIVE  
LIVE, LIVE LIFE TO THE  
PULSES, TRY THE GOOD THE  
BAD THE INDEPENDANT,  
LIVE LIFE TO THE PULSES  
I SAY - NO MATTER WHAT  
ALWAYS KEEP ON WALKING

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