

MY NAME IS COLLINS AND I AM CURRENTLY ENCARCERATED IN NEWTOWN CT AT GARNER Correctional Institution.

G.C.I IS A MAXIMUM SECURITY LEVEL 4 MENTAL HEALTH FACILITY, RUN BY THE CT DEPT. OF CORRECTION. IT HOUSES APPROX 500-700 MALE PRISONERS THAT HAVE BEEN DIAGNOSED WITH SOME FORM OF MENTAL ILLNESS.

I HAVE BEEN IN THIS FACILITY FOR ABOUT 15 MONTHS SERVING A 6 YEAR SENTENCE FOR A NON VIOLENT CRIME.

I AM 2 170 LB WHITE 52 YEAR OLD MALE I HAVE BEEN DIAGNOSED BY SOCIAL SECURITY ADMINISTRATION AS HAVING BIPOLAR DISORDER, ANXIETY DISORDER, ANTI SOCIAL PERSONALITY DISORDER, AS WELL AS POST TRAUMATIC STRESS DISORDER P.T.S.D. I HAVE SPENT APPROXIMATELY 25 YEARS OF MY LIFE ENCARCERATED. USUALLY FOR DRUGS OR CRIMINAL ACTIVITY ASSOCIATED WITH DRUG ADDICTION. I HAVE A TOUGH TIME IN PRISON AS I AM BISEXUAL AND EXHIBIT FEMININE CHARACTERISTICS. I CAN NOT COUNT THE TIMES THAT I HAVE BEEN SEXUALLY ASSAULTED OR HARASSED IN PRISON. BUT IT IS WHAT IT IS.

The Reason I am writing this letter is to let People know what is going on in this Facility.

The INTENTIONAL AFLICTION OF EMOTIONAL Distress as well as Cruel and UNUSUAL Punishment is All to COMMON here. In Fact My 8<sup>TH</sup> AMENDMENT Has been Violated several times within a 15 month period at G.C.I.

There is a MAJOR Flaw in this Facility AS THE GUARDS HAVE NO AND REQUIRE NO MENTAL HEALTH TRAINING THEY ARE EMPLOYED BY THE CT DOC TO MAINTAIN SAFETY AND SECURITY in the PRISON.

The Mental Health workers are UNDER CONTRACT BY THE CT DOC AND THERE IS ONLY ABOUT 20 MENTAL HEALTH WORKERS FOR OVER 550 MENTALLY ILL PEOPLE OR (INMATES) AS A RESULT OF THIS LACK OF MH STAFF INMATES ARE FREQUENTLY OVER MEDICATED WITH ANTI PSYCHOTIC, PSYCHOTROPIC DRUGS, THERE IS A HIGH RATE OF ATTEMPTED SUICIDES SELF MUTILATION AND ASSAULTS in this Facility. THE CORRECTION OFFICERS FREQUENTLY PATRONIZE INMATES, DISCLOSE SENSITIVE INFORMATION TO THEM AS WELL AS MENTALLY AND PHYSICALLY HARM THEM.

Misdiagnosed,

The Facility Has A RESTRAINT METHOD.  
They CLAIM is To Prevent A Person From  
CAUSING Harm to themselves or others  
This Method is called  
"IN cell"  
(see DIAGRAM A)

I CAN only speak For Myself though I  
have witnessed this Procedure ABUSED  
ON MANY INMATES. Many, Many Times

I have Been PHYSICALLY Bent over  
A Cell Bed By GUARDS, STRIPPED OF MY  
Clothing AND PLACED IN HAND CUFFS  
BLACK BOX, AND SHACKLES For 72 hours  
AT A TIME. The Chains + Black Box Made  
it impossible to clean myself after I  
used the Toilet. AS A Result Like So  
MANY others I WAS Forced To SLEEP  
AND EAT in my own Filth For 3 DAYS  
Chained up. Despite The Fact That I  
WAS NOT BEING A THREAT TO Myself  
OR OTHERS. And Had in fact regained my  
Composure within 2 Hours.

This so called Restraint Called "in cell" HAS BEEN Aproved BY CT STATE Legislator AS ITS INTENDED PurPose, RESTRAINT, However THE D O C OFFICIALS AT G C I ARE, AND HAVE BEEN USING This Proceedur AS A MEANS OF Punishment Rather than Restraint, I was shocked WHEN THIS HAPEND TO ME. I DONT EVEN THINK ANIMALS ARE TREATED THAT WAY.

IN Retrospect This IS A CLEAR and Present Violation OF The 8<sup>TH</sup> AMENDMENT IN THE CONSTITUTION OF THE UNITED STATES ~~CONSTITUTION~~ OF America

It is conducted with Malicious AND MASACISTIC INTENT, CRUEL AND UNUSUAL Punishment.

My only hope is that Someone will read this letter and Have THIS Propostrous AND MALICIOUS Procedure OF "in cell" INVESTIGATED BY The Federal and STATE AUTHORITYS Befor ANYONE ELSE IS killed or ANY more Blood is SPILLED within the CONFINES OF G. C. I.

I AM writing this letter quickly and quietly  
AND CAN ONLY HOPE AND PRAY IT GOES TO  
IT'S DESTINATION.

I AM NOT WORRIED ABOUT ANY TYPE OF  
RETALIATION BY THE CT D.O.C AS I AM  
CONSIDERED A HIGH PROFILE INMATE BECAUSE  
OF AN ACTIVE INVESTIGATION AND LAW SUIT  
FILED ON MY ATTORNEYS BEHALF PLEASE FEEL  
FREE TO USE MY NAME, IN FACT I WOULD  
PREFER IT.

FEEL FREE TO EDIT THIS LETTER AS LONG AS  
IT GETS MY POINT ACROSS.

YOURS TRULY

Collins Verstegen

G C I

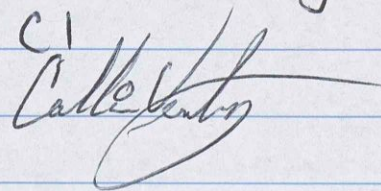
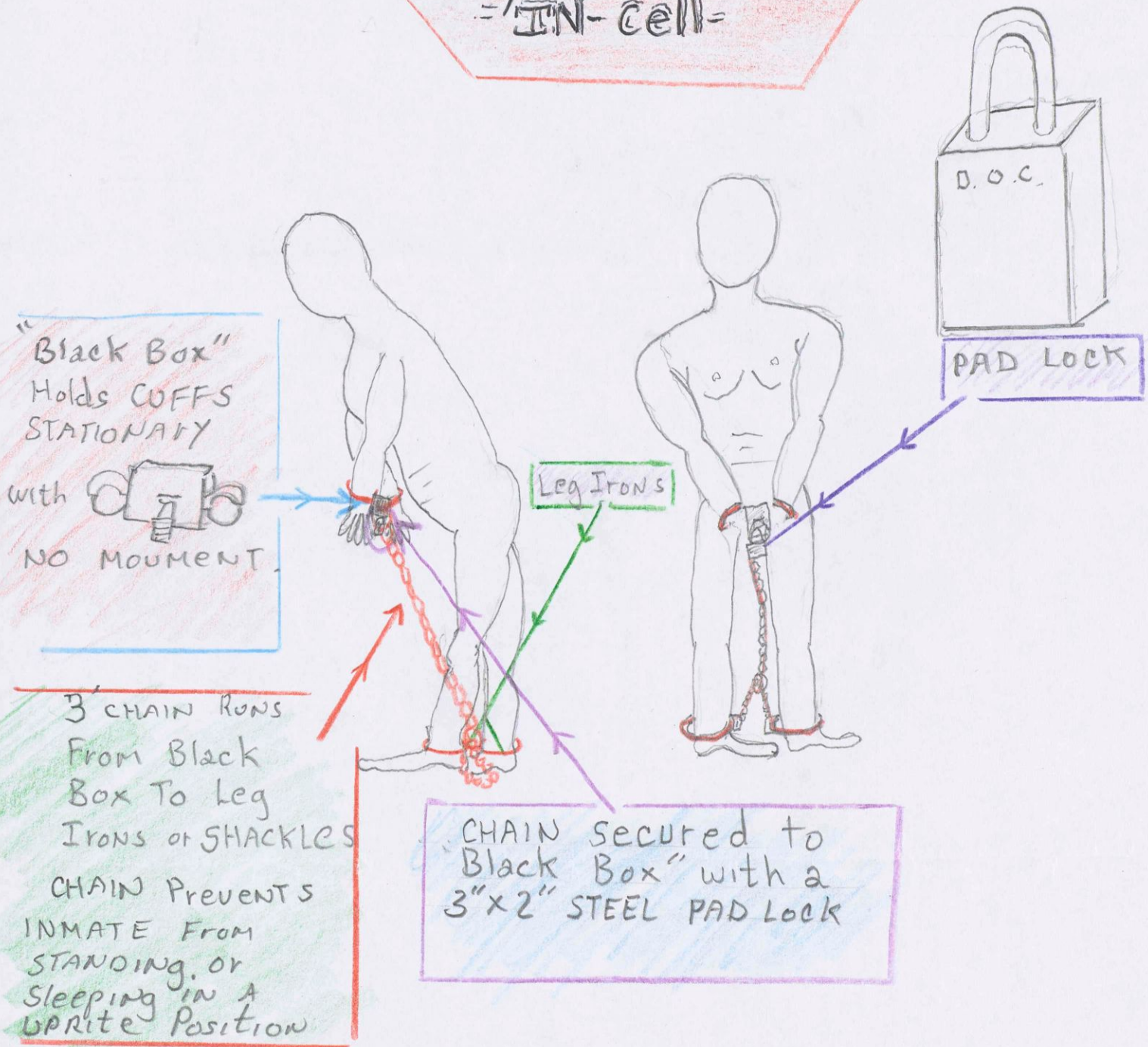


Diagram OF C.T. D.O.C  
Physical Restraints  
= IN-Cell =



I have Been Chained up in  
This way in G.C.I For 72 hours  
(3 days) I was NOT GIVEN EATING UTENCIL (Plastic SPOON)  
NOR Clothing, or Foot Protection

IF I SAW A DOG CHAINED up like This I would Promptly Call the A.S.P.A.

Collins V 8/10/16 G.C.I