

Conscious Prisoner ~ The Evolution of Uhuru

Different prison, same old abuse (Part 2)

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Tags

Behavior modification, group punishment, lockdown, racism, raid, shakedown, Uhuru B. Rowe

Part #2

Behavior modification- made famous by psychologists like B.F. Skinner and John B. Watson- is defined as a form of psychotherapy that is concerned with the treatment of observable behaviors rather than underlying psychological processes, and that applies principles or learning to substitute desirable responses for undesirable ones. (Merriam-Webster's Collegiate Dictionary, 11th Edition.) In other words, behavior modification broadly refers to the systematic manipulation of ones environment for the purpose of creating change in an individual's behavior.

There are three basic types of behavior modification techniques that have been used in prisons—operant conditioning, classical conditioning, and aversion therapy. Aversion therapy was/is the most widely accepted method used on unsuspecting prisoners in order to suppress or associate an undesirable habit or behavior (as rebelliousness) by associating it with an unpleasant or punishing stimulus (as longterm solitary confinement and other forms of abuse and torture). The goal is to create a connection between the undesirable habit/behavior and the unpleasant stimulus so that a complete cessation or decrease in the undesirable habit/behavior will occur. (See Aversion Therapy and Behavior Disorders, S. Rachman and J. Teasdale)

One reason prisoners are subjected to group punishment/ behavior modification programs is so the government can document their effectiveness and then use those findings to formulate a much broader strategy to be used against people in society who are resisting oppression and fighting for liberation. These group punishment/behavior modification tactics were used during chattel slavery when rebellious slaves were lynched and hung from trees for other slaves to see in an effort to snuff out any revolutionary tendencies among the slaves fighting for liberation. It was also used during the radical 1960s and 1970s via J. Edgar Hoover's FBI Counter-intelligence Program (COINTELPRO), and most recently during the Occupy Wall Street and Black Lives Matter and other anti-police brutality movements where protesters were/are aggressively opposed by and confronted with militarized Gestapo police and were/are unlawfully detained and subjected to police brutality in order to force compliance, obedience and acceptance of the status quo and to erase any idea and motivation for resistance among the broader populace.

"When you control a man's thinking you do not have to worry about his actions...He will find his proper place and stand in it."—Dr. Carter G. Woodson

Thought control is the sole purpose of group punishment/behavior modification—removing the ability of a person or group of persons subjected to it to think, reason, and act on their own. In other words, destroy the mind, keep the body which is then exploited by the capitalist-class for its endless source of cheap labor.

We must liberate our minds through a process of decolonization and reeducation. It takes a group commitment, group conviction, group solidarity, and most importantly, group struggle rooted in class-consciousness with the knowledge that we are a people of all races, colors, creeds, and sexuality suffering from a shared-oppression from a common enemy in order to seize power from the bourgeoisie.

To exist, collectively, we must resist!!
All Power to the People!!

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