

To: Whom it May Concern

8/23/17

Good day my name is Markus I'm a Male prisoner with a sever mental illness that was convicted of a Robbery 1<sup>o</sup> wepon pos. 3<sup>o</sup> Assault 3<sup>o</sup> and given a sentence of 20 to life in 2010 I have been in a number of psycatric Hosp. and was convicted by a Judge who after hearing me talk on the phone with my girl friend at the time almost 1 year after the alleged offense and mentally stable taking psycotropic Medication, explain to her a palities exercise Decided I was not mentally ill and gave me a 20 to life prison term instead of Civilly Confining me to a psycatric hospital to receive treatment. Now I'm part of a Broken system thats doing very little to help the Men/women Boy's/Girls with sever mental illness (SMI) They just put us on medication. let it be noted My diagnosis still Remains the same From the First time

I Received a Mental health Diagnosis  
Schizoaffective Anti~~s~~ocial personality  
Disorder, and impulsive Disorder. BUT That  
Judge Didnt think I was Crazy enough  
to receive medical mental health treatment  
now Im in a (RMHU) I came into this  
place in 2016 with 90 Day's Solitary Confinement  
and have over 17 Month's Confined  
in this (RMHU) I Received over 28  
Misbehavior Report's to keep me Confined  
in a cell By myself For 20 hours a Day.  
The other 4 hours Im taken <sup>until 2019</sup> out of this  
cell and placed shackeled to some Re  
Start Chairs in a Class Room. Inside my  
cell they have a 13" Color T.V. That is  
OFF. The only way I can watch T.V. is if  
I meet a Docc's MileStone of positive  
group participation coming out my cell  
being patted Down Searched shackeled and  
Chained handcuffed behind my Back for  
120 Consecutive Day's to reach level 3.  
and if Docc's gives me a negative informational  
or Disciplinary Ticket I must start all  
over again. let it be noted That patients

Are not to receive any Misbehavior Reports Unless its exceptional Circumstances in accordance to Correctional law §136 A and §401 (A) BUT still I received over 28 Disciplinary Tickets and a Bunch of Negative Informationals. I stare at a Black T.V. screen all night long. after 2:30pm There is no more Therapeutic Treatment out of cell programming and on the weekends we stay in our cells all 24 hours oh you are allowed out side in a Rec pen Connected to your cell individually. alone with no peers or staff to talk too looking at a Video Camera watching you. let it Be noted that in order for me to go to out side Therapeutic Treatment inside of a Dull gray Painted Room with Restart Chairs and a T.V. I asked them IF They (OMH) Can post insperational poster's or Sayings Drawings Colors paintings any

Thing to Make The Class Rooms More  
lively insperational and Thereputic  
Instead of Dull/Depressing/Square Rooms  
(OMH) Does not want to advacate For  
our Thereputic Treatment Because Corr.  
Docrs Threathen's Harass'e's and Bullies  
The (OMH) STAFF. We must put our Sock's  
on the gates of our Doors TO participate  
in Program daily This is Redicules and  
we must put our Spoons on the gate if  
we want ~~of~~ our Food. Why Do They Treat  
us like This. we are not allawed to Clean  
our cell's 3x a week as per minumume  
Standard's of SHU. we are only given a  
Mop and Tolite Brush on Sundays. They  
have mentally ill men that Do not Bath  
Shave and play with fece's Urin and all  
Type of evils! I pray That you guys help  
The patients in RMHU. Oh Cheack This out  
we are not allawed any Crayon's or Coloring  
Book's Because Docrs states we Can alter our  
appearances with Crayon's who The Hell ever  
escaped Docrs with a Crayola Crayon?? Help!