

Dear Reader,

Feb. 15, 2018

From experience I've come to realize that most of society has little remorse for the, "Statistic's." Either because they feel: A person Incarcerated has it easier than the free world, or the Incarcerated Deserves to Be worse off than the free world...

Me Being Among the Category of, "Statistic's," I truly Beg to Differ. Yes I am given food to eat three times a day, yes I am provided with a limited amount of supplies; Even a Bed to sleep on. But, when facilities like Private for Profits feed you meat that has signs on the Box that specify; "Not fit for human consumption," three to four times a week and serve you things that are known for causing you health issues within time of continued use. Even give you hygiene that makes your skin Rash-up and Break out and toothpaste that makes your teeth brittle and Breath worse. lay you on a bunk that causes you back pains from the thinnest of it; An after all these realistic devastations, compensate from you asking for medical attention. How can anyone say that I have it easier off than the free world?

True enough the struggle Doesn't come from being housed in a facility, But more or less the inside Results that come from being here. A lot of facilities claim to be a safe productive environment when in the "Spot light," But Behind close doors its not just my peers I have to fear at times. Its been times where facility staff provoked me in order to restrain me and put there hands on me un-lawfully.

Times when the Authority figures have put me purposely in harms ways,  
By housing me on a unit where they are Immensely Aware of the  
Dangers of putting me around a certain group of people. To invoke  
Trouble my way By either physical harm or Sanctioned punishment.  
True enough I am not the first person this has happen to, But this  
is simply my story.

After succumbing nine years subsequently of Prison life, I've arrived at the conclusion that: it gets no better, or easier with each day that passes. A lot of people have the belief that Incarceration preserves, your youth; An Even if that Is the case, what good is it? Being Idle-minded Demises your abilities to grow and mature. So on one hand: Even if you are preserving your Body, your mind is still stuck in the mental aspects of the age you were removed from Society. With lack of Real opportunity to grow Educational wise Besides the few limited Resources Available. It truly seems that useful knowledge is incongruous in a place full of violence and negative energy. A place where we truly are only Being housed, Feed, and thrown in a pit left to Endure the Survival of the fittest. Expectancy of Rehabilitation seems far fetched Behind Closed doors; where only a few classes of: Angermanagement, substance abuse, Plumbing, and Commercial clean are taught By people who Truly don't qualify. When you Read the news papers or articles about Prison, they Praise there selfs on Rehabilitation and sending one Back into society with tools for success. The world has

no choice, But to Believe Because when we as Prisoners:  
throw warning signs, And Red flags the system tries to  
Bring a Audit around and the facilities put on a good  
façade for them for a week or two. Sweeping their  
dirty Deeds under the Rug until they leave. But you can't  
expect a system to allow its Revenue to cease.

A life for a life Isn't Justice. So how can you call giving  
a young Eighteen or nineteen year old Boy thirty years to life  
in Prison Just? Even though the heart is still Beating; the life  
of this person is Dead. With no opportunities to grow and  
mature to Anything positive, in the mind and heart. Being Deprived  
of Reproduction and having a family. I've seen it Subsequently,  
men fifty to Sixty years old Being Released after serving  
twenty or thirty years Back into Society. An with no family  
Alive and no means of support nor Education or Training  
in any field that can truly help them Survive legally own  
there own. Prison Destroys a person: Mentally, Emotionally,  
and given that life expectancy is Between seventy to eighty years  
Physically as well. Thus In a world where finances are among  
the top Precedents of the government, your words Become  
like a silent shout when you try to draw attention to the  
glitches in the prison system... Nevertheless it's understood  
that the law is a system of Rules and general Principles that  
govern Individuals conduct in society. Still in Reply it Shouldn't

Be misunderstood; those Individuals are no less then human Beings.

A person's place in society shouldn't necessarily be established By mistakes, one has made; But more or less By the courage and ability to Right their wrongs, An Prove themselves capable of Change... But Being Placed in an environment surrounded By hostility; An Controlled By Brute force, or confinement it almost Becomes Inevitable to accomplish change to ones mentality; An understandings for a way of life... A lost soul is more then just an eternal quote; or spiritual figure of speech. For surely if you look inside the world of the prison system you will indeed find: A soul lost! Thus stating: lock'em up and throw'g away the key isn't always a just Remedy.....

By, Cedric  
Cedric D. Jackson  
(writer)