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Isolation Causes One to Fester in
Anger and Resentment. It's an environment
which teaches you to hate and be aggressive.
You identify with the very hostile mechanics
that lead you into isolation. Life within the
confines of prison walls would never be
understood by those who've never experienced
the degree of solitude that drive most
people insane. Your mental conditioning starts
to get re-wired and programmed on
a frequency that only identifies with the
chaotic wave links and vibrations translated
in a language, that only the disturbed speaks.

Prison from a psychological aspect does
more damage during your stay, than it does
corrections. Prison breaks you and rid
the very vulnerabilities that trap you
in the mental asylum forged by the
thoughts fashioned to escape the realms
of the current reality. It plays puppet
master to the thoughts used to make
rational decisions guided by your moral
compass. Your actions then become more
vindictive and impulsively driven in

Regards to what's Registered in your Mind
 As ideal - A Consive platform Formulated
 For the Constructural Elements Essential
 to your Existence.

My level of Hunger was More Present
 Throughout the years Committed to F.D.O.C.,
 than they had been Growing up in
 the System. I was given specific instructions
 to assert myself in a fixed battle. I
 was predestined to fall victim to a
 set of Circumstances so transparent that,
 the intricate visibility clouded the very
 Judgment I thought would pull me
 into the throes of Fortune - Successful
 endeavors on the conquest of Knowledge of
 Self. I lost more of who I were, than
 I gain of the man I discovered. Prison
 makes you feel small, alone and forgotten
 about. So in Return, you tend to protect
 your self by inserting your pride and
 saying - "Fuck the outside world." You
 become divided with the thoughts processed
 Along the lines of Society and where you
 find Common Ground. That's why most
 individuals who do a number of years
 in prison become Repeat offenders.

Because they fail to cope with the
 free world. This put you in the
 chains of a mental bondage, that's
~~warden~~ warden led by the very
 thoughts that sentence you into a
 prison of mental bondage that last
 longer than a life time. So ask
 your self - How much correcting and
 rehabilitating is happening in prisons
 across the nation? What the legislators
 call reform - is misguided - it's called
 P.T.S.D