The 5th Victims

Everybody forgets about them, the loved ones, the ones left behind, the ones on the other side of the aisle. The ones who ask why. Why did we do it? What did I do wrong? Why didn't I see? What did I do wrong? How do I go on?

Grief and guilt are terrible alone, but together can shatter who you are. They are looked upon with pity but not compassion. They shoulder the guilt without being guilty. They all do the same too. Some without actually knowing what was done. They believe because they know cannot be. A broken heart can only be seen in the eyes... and only if you are looking. Where is their victim services.

It starts where it all began. We must take the responsibility for them and place it where it belongs. Accept who you were so you can be who you are. Find meaning, and if in the end, we still don't fully know why, then that's okay, because in the journey to accept and in the attempt to make sense of it all, we will have tipped the scales of pain back to the side of healing. Healing for our victims, the victims on both sides of the aisle.

I received a sentence of 616 months for the murder of 4 people an entire family. For the first twenty years of my time I hid from my guilt with drugs. A habit I forced my family to pay for. My mother died 4 years into my sentence so the burden fell to my mom. I broke her.
She died in 2014 penniless. My girlfriend at the time endured ridicule, pity, anger and was used by people for their own sick pleasure. It was so bad for her she had to move out of the state away from her family and friends.

It took the loss of everyone that loved me to even start looking at what I did in order to begin some sort of journey other than what my life became. The tool at which I will use on this trip is the one thing that I have been fighting against. Time, the biggest burden and the greatest gift.