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ENCL. QUESTIONNAIRE

APWA

40 HAMILTON COLLEGE

298 COLLEGE HILL ROAD

CLINTON, NY 13323-1218

5/21/18

I AM A 50 YR. OLD MUSLIM MAN OF AFRIKAN DESCENT THAT SUFFERS P.T.S.D. ... HAVING GROWN UP IN DETROIT, SURROUNDED BY VIOLENCE, IT IS MY BELIEF THAT MY CONDITION BEGAN THERE. INTERNALLY, ONE BECAME COMPLETELY DESENSITIZED TO VIOLENCE & INTERNALLY, ONE EXPERIENCED DEMONS WHICH ONE FAILED TO FULLY GRASP WERE DEMONS. MY STORY IS ONE OF UNDIAGNOSED MENTAL HEALTH ISSUES & HOW PRISON(S) HAVE EXACERBATED THESE CONDITIONS.

OVER THE COURSE OF A 17 YEAR FEDERAL PRISON SENTENCE, I FOUND MYSELF HOUSED IN A VARIETY OF ISOLATION CELLS, FOR ASSORTED PRISON RULE(S) VIOLATIONS. SOMETHING ABOUT BEING LOCKED WITHIN A CONCRETE & STEEL COFFIN 23 TO 24 HRS. A DAY... ALTERNATING BETWEEN BOUTS OF HOPELESSNESS, ANGER, RAGE, SADNESS...

AS I SIT HERE... BACK IN PRISON, BACK WITHIN ISOLATION, (GOING ON 4 YRS. NOW)

→

DOO I HONESTLY CANNOT EXPLAIN HOW I GOT  
HERE. I WASN'T RAISED TO BE A - CRIMINAL, A -  
THUG, A PIMP, A GANG MEMBER, A PRISON  
- GANG MEMBER, A CONVICTED ABUSER OF A  
WOMAN! NONE OF THE THINGS I'VE BEEN CALLED  
BY A STATE COURT OF INJUSTICE @ VARIOUS  
TIMES. I WAS RELEASED FROM THE FEDERAL  
- BUREAU OF PRISONS IN JANUARY 2009 WITH  
\$200<sup>00</sup>, A BOX CONTAINING MY LIFE IN PRISON,  
THE CLOTHES ON MY BACK & P.T.S.D. Over the  
NEXT TWO YRS. I DID REASONABLY WELL: ATTENDED  
- COLLEGE, REESTABLISHED LOST RELATIONSHIPS  
WITH MY (3) SEMI-GROWN KIDS, MET (3) GRAND  
- KIDS! VOLUNTEERED WITH LOCAL ENTITIES WHOM  
SERVED THE UNDERCLASS IN NEED, EVEN GOT A  
STEADY GIRLFRIEND. THINGS WERE GOING OK...  
THEN OUT OF THE BLUE I FOUND MYSELF BEING PULL-  
ED OVER DAILY BY KOPS FOR SEEMINGLY NOTHING!  
THEY'D ASK FOR MY LICENSE, REGISTRATION, AND  
PROOF OF INSURANCE... WHICH I HAD & THEN SIMPLY  
LEAVE. SOMETHING ABOUT THESE SUSPICIOUS  
STOPS, WHICH TOOK ME BACK IN TIME... BEING  
REGULARLY HARASSED BY DETROIT KOPS JUST  
FOR WALKING DOWN THE STREET: HAVING A

... LOCKED PISTOL PUT IN MY MOUTH JUST FOR ASKING  
 WHY I WAS BEING STOPPED? Prince told to  
 "SHUT UP NIGGER" ... I TRULY BELIEVE THIS IS  
 WHEN I BEGAN THE ONSET OF P.T.S.D. AS I STARTED  
 ACTING OUT SHORTLY THEREAFTER, FIGHTING AND  
 CUTTING CLASSES! IT WAS ALSO THE TIME THAT  
 MY FATHER... BARELY VISITED AS IS, STOPPED  
 COMING AROUND ALL TOGETHER! THE NIGHT-  
 MARES STARTED THEN ALSO... FAST FORWARD BACK  
 TO 2009... I WAS GETTING READY TO GRADUATE  
 W/AN A.A. ... QUITE EXCITED TO BE GOING TO ASU  
 & MANAGING THE INSOMNIA AND DAILY PANIC  
 ATTACKS FAIRLY WELL. I MEAN, I EXERCISED  
 2 TO 3 HRS. A DAY & THEN SOMETIMES RAN AT  
 NITE TO PHYSICALLY EXHAUST MY BODY TO THE  
 POINT I'D GO TO SLEEP OUT OF SHEER EXHAUSTION.  
 THIS WORKED UP UNTIL A FATEFUL NITE, WHERE  
 I ATTENDED AN OLD FRIENDS' SON'S BDAY PARTY  
 AT A BAR - BAD MOVE! WHILE I WAS SMART  
 ENOUGH TO NOT DRINK (DESIG. DRIVER), WHAT I  
 DID NOT / COULD NOT HAVE PREDICTED THAT BOTH MY  
 -OWN SON & MY FRIENDS' SON'S WOULD INITIATE  
 AN ALL OUT MELÉE, WHICH SAW US BEING  
 ATTACKED BY THE WHOLE CLUB IT SEEMED...

At the end of the day, this incident was my catalyst for a steady mental deterioration, which saw me "FLASHING" regularly. Meaning... any encounter I have had went O-LDD... seemingly out of my control. I told the Fort Ord officer that I was experiencing NIGHTMARES & DAILY PANIC ATTACKS, I DID NOT MENTION THE MULTITUDE OF PHYSICAL FIGHTS THAT I'D BEEN GETTING INTO. Perhaps had I done so, he'd have taken my condition much more serious & gotten me some more in depth help. As it was he referred me to a very good therapist, whom I INSTANTLY CONNECTED TO & STARTED TO LET OUT SOME OF THE MANY INNER DEMONS THAT I'D BEEN HOLDING IN FOR SO SO VERY LONG! The irony is... THAT, JUST AS I BEGAN TO MAKE SOME PROGRESS, THE FORTZ CANCELLED THE THERAPIST'S CONTRACT & SHE SIMULTANEOUSLY BEGAN TO HAVE VERY SERIOUS MEDICAL ISSUES SO... BACK OUT INTO THE WIND I WENT! Watching movies as a kid, I USED TO LAUGH AT CHARACTERS THAT WOULD SEE SAY, AN ASIAN PERSON & FLASH OUT, AS IF BACK IN VIETNAM. Now here I WAS DOING THE VERY SAME THING...

→ Every Black male who approached me, i'd  
 get ANXIOUS! PALMS SWEATY, HEART ~~THUMPING~~  
 ... I WOULD BRACE FOR THE COMBAT WHICH I  
 "FEEL" WAS COMING! I BEGAN DOING SURVEILL-  
 ANCE AROUND MY APTS. AT NITE w/ ARMED NEI-  
 GHBOOR i'd CONVINCED THERE WERE STREET  
 -GANG MEMBERS TRYING TO KILL ME! THIS WAS  
 TRUE, HOWEVER! IT WAS NOT FOR CERTAIN THAT  
 THOSE HOODIGANS WERE HURKING OUTSIDE OF  
 MY DOOR! THAT WAS THE PTSD TALKING IT SEEMS...  
 MY GRADES PLUMMETED & AT THE END OF THE  
 DAY, MY FINANCIAL AID WAS CANCELLED! NOT  
 TOO MUCH LONGER AFTER THIS, ONE SUFFERED A  
 VERY MAJOR FLASHBACK & PUT MY HANDS UPON  
 A WOMAN i'd BEEN CHEATING ON MY EX WITH! IF  
 IT MAKES ANY SENSE, I DID NOT SEE "HER", BUT  
 RATHER SOMEONE ELSE!! ALL OF THAT SAID... AS MY  
 APPEALS MOVE FORWARD, THE ATTY'S BELIEVE THAT  
 MY CASE HAS POTENTIAL TO IMPACT OTHERS, IN AS  
 FAR AS "MENTAL HEALTH" GOES! AS MY TRIAL ATTY  
 ESSENTIALLY AIDED STATE IN SUPPRESSING ALL OF  
 MY P.T.S.D. CASE FILE(S) & HISTORY, MY TRIAL  
 WAS A FARCE & THE END RESULT PREDICTABLE! THE  
 SENTENCE HOWEVER, WAS NOT: 45 yrs!! NO MURDER!  
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NO SERIOUS BODILY INJURIES! YET ONE HAS BEEN GIVEN MORE TIME THAN A MURDERER! WHAT I PRAY FOR DAILY IS DEATH HONESTLY! NOT AS IN SOME FORM OF SUICIDE, OR PITY PARTY - MORE SO... THE THOUGHTS OF A BETTER, JUST PLACE AWAITING ONE (i.e. PARADISE OR HEAVEN) IS ALL THAT SOOTHES MY ACHING SPIRIT, AS I ENDURE IRREPARABLE HARM TO MY PSYCHE, VIA INDETERMINATE ISOLATION! I HOPE FOR JUSTICE, HOWEVER! OFTEN TIMES THIS IS "JUST-US" - EXCLUDING THOSE LIKE ME - FOLK OF COLOR & / OR UNDERCLASS SOCIO-ECONOMICALLY, WHICH ARE OFTEN ONE & THE SAME IN THE US & OF A!

UPRAYERFULLY, SOMETHING I HAVE SHARED WILL TOUCH SOMEBODY OUT THERE... PERHAPS A RELATIVE OF SOMEONE WHO HAS EXPERIENCED SIMILAR PSYCHOLOGICAL BREAKDOWNS, AS A RESULT OF LONGTERM ISOLATION! A KINDED SPIRIT WHO CAN RELATE... WILL TAKE THE TIME TO REACH OUT TO ME & SHARVA STORY - SPARK A DIALOGUE! LIVING IN TOTAL DARKNESS, ONE WOULD DEFINITELY APPRECIATE A BIT OF LIGHT. WITH THAT, I AM ENCLOSING THE PERMISSIBL'S QUESTIONNAIRE WITH THIS LETTER.

(PEN NAME)

KAMALI