

FEDERAL PRISONS ARE THE
4th-HOLE
4th-HOLE

I HAVE BEEN TO OVER 30 FACILITIES
IN MY LIFETIME. THE FEDERAL PRISONS
ARE THE WORST AS FAR AS THE MAXIMUM
SECURITY FACILITIES GO.

THESE PLACES ARE OVERCROWDED AND
HAZARDOUS. I HAVE BEEN TO 9 IN ALL:

USP - THE LOUNGE IN VIRGINIA, USP - HAZLETON
IN WEST VIRGINIA, USP - MCKINLEY IN KENTUCKY,
USP - BRAUNTON IN TEXAS, USP - CARLISLE IN
PENNSYLVANIA, USP - ANNUNDO IN PENNSYLVANIA/VIRGINIA,
USP - CORMAN IN FLORIDA, USP - TERRY HALL IN
INDIANA, USP - VICTORVILLE IN CALIFORNIA.

But I Also Have To Add The
Federal Holdovers I Have Been
Sent To IN-TRANSIT I.C.

ON MY WAY TO Another Prison:

Atlanta Holdover, Oklahoma City

Transit Center, Grady County

Jail IN Chickasha, Oklahoma.

Plus The New York City

Metropolitan Correctional

Facility, A Federal Facility IN

Manhattan, NYC. Serious

Business.

ALL OVER THE USA I HAVE
BEEN, AND IT'S BEEN A
REAL EYE-OPENER. I WAS
GIVEN 15 YEARS FOR BANK
ROBBERY, AND IT'S A PRISON
SENTENCE I WON'T FORGET.
I HAVE DONE OTHER PRISON
SENTENCES, ADULT AND
JUVENILE, BUT NONE LIKE
THIS. IN THE FEDERAL PRISON
SYSTEM YOU ARE ONLY JUST
A NUMBER. NOBODY REALLY
GIVES A DAMN ABOUT YOU.

The lowest facility I
saw was USP - CANAAN.

"USP" STANDS FOR "UNITED
STATES PENITENTIARY";

THE HIGH-LEVEL CUSTODY
PRISONS. BELOW THAT IS
"FCI", "FEDERAL CORRECTIONS
INSTITUTION" - THE MEDIUM
SECURITY FACILITY. THE
"LOW" OR LOW SECURITY
FACILITY IS BELOW THAT,
THEN THE CAMP, THE LOWEST
SECURITY.

No Fences, No Towers,
No Motor locked Doors.

But I Am Speaking of
USQ - CANAAN - An Abusive,
Disrespectful Place in
The Small Town of Waymarket
Pennsylvania. Openly
Racist Guards Make Life
Difficult for A Black
Inmate. When I Was
There, There Was A Thing
Going on With The Worst
Of The Racist Guards

ORDERING STOP-SEARCHES
OF BLACK INMATES AT RANDOM,
OR FOR JUST ABOUT ANYTHING.
I WAS MATCHED DOWN TO
THE WARDEN'S OFFICE
MANY TIMES, PUT IN A CELL,
AND ORDERED TO STOP
NAKED, AT THE THREAT OF
FORCED STOP SEARCH E.T.

Several later, while
PRISON GUARDS SLAMMING
ME DOWN AND MANUALLY
STRIPPING ME NAKED.

They would yell to us, "SPREAD
YOUR FUCKING ASS CHECKS!" -

PART OF THE STRIP SEARCH.

SPREAD YOUR BUTTOCKS, LIFT
YOUR PENIS AND SCROTUM,

ET, ET. GET DRESSED. ITS

A WAY TO DEGRADE AND

DEHUMANIZE YOU. I PUT IN

COMPLAINTS, NO AVAIL. I

ONE DAY TOLD THE WARDEN,

HE SAID THE GUARDS CAN

"STRIP SEARCH ANY INMATE

ANY TIME THEY WANT."

LATER THAT NIGHT I WAS
CALLED TO THE LEUTENANT'S
OFFICE, WHERE THE GRANT'S
ORDERED ME TO STOP FOR A
NUDE SEARCH. 2015, EARLY
2015, USP-CANAAN, WILKESBARE,
PENNSYLVANIA. A FEDERAL
BUREAU OF PRISONS FACILITY,
I REMEMBER, DURING AN GRANT'S
IMPROPTU ORIENTATION IN
THE LAUNDRY ROOM "WATERING"
US THAT, IT DURING A PAT-
DOWN SEARCH IN WHICH

you are distracted to hold
your arms out to the sides,
you happen to drop your
arms at all you'll be taken
down I.e. slammed to
the ground. And, according
to this staff/employee,
we could suffer "broken
bones or worse". I spoke
up, saying how I personally
better not see staff
breaking any inmates
bones; I was a target

FROM THEN ON OUT. THANK
THE LORD I NEVER GOT ANY
BROKEN BONES. USP -
CANIAN WAS TERRIBLE, BUT
USP - HAZARD IN THE
TOWN OF EDUCATION MEN,
WEST VIRGINIA, WAS
ALMOST JUST AS BAD. STAFF
GREATLY WALKED AROUND
THE SPECIAL HOURS UNIT
OR "SHO" - A FANCY NAME
FOR THE HOME / LOOKDOWN
UNIT,

MAKING RACIST JOKES
AND COMMENTS. THE DM
IN CANADA WAS THE SAME,
JUST NOT AS OVERTHEBOARD,
HOWEVER, IN US - CANADA,
YOU WOULD BE PUT ON "PAPER"
SHEETS AND CLOTHING FOR
THE STRONGEST INTERACTION,
I.E. YOUR CLOTHES AND SHEETS/
BLANKETS WOULD BE TAKEN -
BY FORCE IF NEEDED, AND
YOU WOULD BE GIVEN "PAPER"
CLOTHING AND BEDDING,

Made out of A chapter like
Magical. Those nights
of Pennsylvania winter
and fall but cold, so it's
pretty much torture.

7 DAYS IS THE AVERAGE.

U.S.P. HAZELTON'S SHU
IS SO OVERCROWDED THAT
YOU MAY NOT GET A CUB
FOR DAYS. YOU'LL HAVE TO
live wherever they put
you - IN THE LAW LIBRARY/
CAGE,

INSIDE TREATMENT CABIN,
OUTSIDE TREATMENT CABIN
IF IT'S WARM ENOUGH, YOU
DON'T HAVE PLUMBING IN
THOSE AREAS, SO YOU ARE
GIVEN A PLASTIC TUB TO
URINATE IN AND/OR A
PLASTIC BAG TO DEFECATE IN.
THERE MAY BE SEVERAL URINATES
IN THESE NON-CABS. AS YOU
CAN IMAGINE, THE SMELL IS
TERRIBLE.

THE OVERLOOKING BRASS
PANIC AND VIOLENCE IN THE
FEDERAL BUREAU OF PRISONS.
YOU HAVE INMATES OF ALL
AGERS, RACES AND CULTURES
FROM ALL OVER AMERICA AND
THE WORLD, EVERY CRACK AND
RELIGION YOU CAN NAME, ALL
PACKED INTO THESE FEDERAL
PRISONS, TWO OR MORE TO
A SMALL CELL, WATCHING A
FULL TELEVISION AND
SHOWING PRISON.

You can't even get your own
cell. In the Ohio, they will
force two inmates or more
in a cell. Many men have
been seriously injured
and/or killed, stuck in a
cell with the wrong guy,
dangerous inmate in the
Federal Bureau of Prisons.
Staff often put two inmates
close to violence in ~~A23~~
A 23/24 hour a day lockdown
situation to fight, fuck,

Or Get Along. But when
violence explodes, you are
not given any pass or
excuse - you face the penalties.
loss of good time jail credit
(more time in prison),
loss of phone use, etc. If
the other inmate got hurt or
killed, you will face more
federal charges. It is a
trap, and a dirty, dirty
game.

You may wonder how this
exists in the USA. Well,
it does. These black holes
exist all over the USA. You
have the private prisons
being scapegoated, but
that's a red herring. You're
doing better at a private/
for profit prison than
any federal government
prison at the max level. But
they can be bad, too.