

My nombre es Ramon mendoza Hernandez
mi vida cambio cuando cai en este prision
sentenciarme a 2 años, estando aqui e
visto muchas cosas estos 2 años
estando encerrado, como nostratan a todos
los imetes los officiales Siempre nos tratan
mal a todos un ejemplo les preguntats algo y
ellos te contestan ponle concern,

respones un cambio de ropa, camiza, calzetine
te Regresan, ropa usada que la gente ya uso
y no sabemos de lo que contenga las cosas usadas
y te podias contagiar en Hongos a otro enfermedad,
Otro cosa para ir para medico te dan
una pastilla para el dolor, a veces es mas que dolor,
de lo que tienen oro, y ademas de eso te cobran
\$ 5.00 dolares por cada cita que agas con el
medico, a veces no tienes ni \$ 5 dolares,
yo puse una aplicacion para trabajar la cozina
trabajando de lava platos, 10 horas diarias
por semana, pagandole 10 centavos por Hora
al mes haces 25 dolares la mitad de ese
dinero va para manutencion, de ese 25
dolares me sobra \$ 14.50 para comprarme
cosas que ocupa,

Translated by Cullen and Dewey

My name is Ramon Mendoza Hernandez. My life changed when I ended up in this prison, sentenced to 2 years. Being here, I have seen many things being incarcerated these past 2 years. How they treat us inmates. The officials always treat all of us bad. For example, you ask them something and they respond file a concern. You ask for a change of clothing, shirt, socks, and they come back with used clothes that have been worn by other people and we don't know what the used things may contain and you could get contaminated with fungus or other diseases. Another thing is to go to the doctor. They give you a pill for pain, sometimes it is more than pain, and besides that, and they charge you 5 dollars each appointment that you make with the doctor. Sometimes, you don't even have 5 dollars. I put an application to work in the kitchen, working as a dishwasher, 10 hours daily per week paying 10 cents per hour, each month you make 25 dollars. Half of that money goes for my maintenance, out of those 25 dollars; I am left with \$14.50 to buy things that I need.