

Jamil Hayes AKA. King Millz

I wake up different hours of the day and each time I awake to yelling and loud noises. Men Arguing with each other and officers. Metal Beating on the doors rapping songs that express their hurt, pain and suffering. And doors being kicked. Those are the sounds of the Teir Program.

Being locked Behind A door 24/7 can do something to your mental. Causing you to be angry and violent. Its like A disease you can catch. Georgia says the Purpose of The Teir Program is to rehabilitate you and help you make better decisions and be a more productive "offender". That's the Bull The State of Georgia Feeds People. But in actuality it does none of the above. Its actually designed to punish you. Break you down physically and mentally and wont let you out until you are submissive. You dont receive the counseling and classes they say are offered to Teir housing units and you are treated worst than animals. The reason I know is not because of hearing it from individuals who have been on Teir but first hand because I am on the Teir Program.

On The Teir Program you are going to lose weight your first twenty days. Looking around I dont see anybody with meat on their bodies. We all look like refugees from a POW camp. We're fed the bare minimal and not allowed to buy food until face 3. There are 3 faces to the program Face (1) Face (2) and Face (3) each are 90 days apiece. You must complete them successfully in order to be able to return to population. The ~~any~~ minor things can get you kept in your current face or have to start all over at face 1. Its all meant to break you and destroy your spirit. But Im not writing to inform you of the Teir Program. But enlighten you upon on how the Teir program affects a person mentally and the impact it has on ones mind.

I was placed on The Teir Program back in March of 2018. It was because of my decisions and I take complete responsibility for my actions. My first thoughts were to complete the little 9 months, play their game and return to population. easy enough. I couldnt see how you could do years locked down on teir when you know the rules. What I didnt know was it was my ignorance and lack of knowledge of the Teir program speaking. The teir is extremely hard when you dont have a strong outside support system. Some one to cheer you on. Hold you up when you feel like collapsing. No letters to remind you that there's someone waiting on you. needing you to return home. At that point the walls begin to close in. Your mind become your worst enemy. You become depressed and lonely. Your stomach sounds like a lion roaring and you only get enough food to get you to the next day. Three meals during the week. 2 on weekends. You try to sleep your time away but the noise is too loud, and besides. The Teir will get its time from you. either you sleep all day and up all night or sleep all night

either way you was doing the time. A lot of people convert to suicide or drugs. But quickly loneliness and depression turns into anger. I wasn't angry at myself, the true source but at everyone else. I became so angry so destructive. There has been times I thought of death, slit my wrist to end the pain, escape the tear. But suicide just isn't in my blood, it can turn you crazy when it downs on you that, 'Ding, the only time this door opens is at ~~emergency~~ shower call or if I get called out for medical. or Hey I just received this tiny meal at 2pm and won't eat again until 4am the next morning everything tends to irritate you, bothers you. like the snickers commercial. You eat yourself when your hungry. An officer might stop by your cell talking junk just to get under your skin. All for the simple fact that they can. They hate their jobs and take it out on us. Might wait hours after trays have arrived to pass them out. or hang up the phone while your talking. They want you to get angry so they can run in with no less than 4 officers and jump on you and mace and take you. Then after that, put you on strip cell. Take all your property. leave you in a cold empty cell naked. And you'll be like that for days at a time. no working water to drink or flush with. No one cares and no one will call the supervisors. if you go on strip cell for you won't get your clothes and mat and water turned on til Monday. I know because its been done to me more than once.

Now dealing with the oppression of tear. The outside problems stacked on the fact that your always hungry. its too much. You cant talk to your love ones. cant see your kids, people you love are dying. its hard to remain sane. I've went to see the mental health doctor seeking help. understanding of why I became so angry. I could go from zero to 100. How I'm now so anti social. Heartless and compassionate. My first response is violence. That isn't normal. But she blew me off. Says nothing is wrong with me. I could see it in her eyes. what I read was "Your a young black man, your out there shooting folks, robbing, gang banging. Now you want to cry about your environment. what people are doing to you. You deserve this. There is no sympathy for people like you. She didn't even give me a chance to talk. She didn't know me. But as young black men were enemy number 1. Being slaughtered in the street and tortured in prisons. Nobody wants to listen to us. we cant have mental disorders. we're just born criminals who needs to be isolated in a cell from the rest of the world. I got tired of trying to seek help and being cold shouldered.

A major thing being done on tear is officers being sprayed with bodily fluids. At first I'm like, those dudes are losing their mind. But like anything else. Being around something long enough it gets to become normal. By nature females are emotional and sensitive creatures. 75% of ^{people} ~~women~~ work in the department of corrections are women. That being said. One time a C.O walked into the dorm saying "I'm not feeling it today so no yard, no phone. F. Yall." You might want to go to yard, get a lil light or talk to your kids. Try to be as much of a father as possible

But now you couldn't. all because the c.o. had a bad day. Immediately everyone would become angry, kicking the door, screaming. But the c.o. wouldn't care, they'd go to the booth where the noise was muted. If you needed medical attention no body would come. Your roommate could be killing you and yet still not come. So what an inmate will do is yell out "Hey! I got 75 Dollars to shoot Ms. So and so down!" The c.o. wouldn't last another hour. Soon as she'd open the flap to serve trays she'd be sprayed with a shampoo bottle full of肥皂. That's how it went with a lot of c.o.'s. You either get with the program or get fluids thrown on you. it would get to the point you no longer cared. You'd fight the officers, throw bodily fluids and become violent. The c.o.'s jumped on you. Sprayed you with mace and taze you. its our way of fighting back against oppression. See how crazy it is being outside looking in? But inside its normal a way of life. and little by little. Day by day. You lose more of your sanity. its crazy how such situations can turn a human into a savage.

That's how you 9 months will turn into years on the tear program. They only respect violence. Being soft spoken gets you nowhere. The submissive are the ones who complete the program. They want to be able to talk to you any type of way. speak to you any type of way. Show any sign of aggression, rebellion and you'll be kept on tear. Its the same technique the slave owners used to beat the slaves into submission. Take you away from people. deprive you of water and basic necessities. Turn you against each other. either you play by their rules or continue to suffer. its give up your rights or stay locked down. The willie Lynch theory. seems like being high is the only way to get by day by day. To not go crazy. revert to violence. Make it through the hard times. The tear program is meant to destroy the strong. But instead it burdens a person makes them more violent. The tear program was ruled by the supreme court as unconstitutional but yet is still running strong in the state of Georgia. Its all about dollar per inmate. But like the great Tupac said: That's just the way it is. The men who fight against oppression are being hid and tortured under the title "tear program".

I will be 23 this year and feel like I've learned a lot within this 23 years. People ask this question. Has the tear made you a better person and my answer is this: "NO. Because the government definition of better is submissive. So no. I'm not a better person. But I'm wiser. Stronger mentally and physically and the greatest thing I learned is this. You can't not. Can't beat the system in which oppress us with force or violence. But with the pen. Your words last longer than your muscle. They can destroy your body but can't destroy the paper trail the pen leaves. I'm a young man who seeks to inform others of whats down in dark.