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Hey.

Prison is q' cold place to be.
I hate myself for coming here.

I pray God give me a Brake.

I will never do what I did
to come again. This is for
Losers only. I wake up sometimes
like this is not Justice. Police
tryed time after time to
write me up for things

I never did. They are each other
witness. Inmate are always wrong

never right. At whatever the case.

I been groped and Beat by
C/O'S. There is a place called
the Hole. Anything go in there
you get vompped by police.
You have no say so in prison.

~~you~~ you try to Rehabilitate
your self and its the hardest
thing ever. There is no help.

nobody see inmates are human
we are nothing but a paycheck
or a object to take your
anger out on. Sercously

I Just want to put a end
to all this misery , pain
to end. Whatever I gotta
do to end . I am willing
to cut the lights off.