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## Essay by: Reneigh Blake

The Sun may shine... As I do this time, alot of things come to my mind. Though I find in doing this time outside the sun shine bright, but inside is grimmy, lying, conving and fictious people - They wear grey suits... It's them vs. us so why fuss - I watch in disgust - Behind these walls it's dark and falling apart, that's where the sun start to shine within - I'll be the rays of lightening that shed light in this darkness, I have a heart and refuse to fall apart... This is where it start.

Noone that have never been here or even had a traffic ticket - Inside this place is the bottom of the barrel. The things we go through within this essay not only do I wish to pleak all the bad violations going on inside the fish bowl - I also wish to be the voice that speak out, especially those women who are afraid to do so - The system is built to not only keep us inside, bring us down, yet they do their best to install fear in us - We live in, inhumane living standards, having to deal with harassment, retaliation as well as being violated in many ways - Our Civil Rights, Women Rights, Constitutional Rights,

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Prisoner Rights and disrespected like we aren't human - They write bogus cases in conspiracy, retaliation and wanted to set us back from our freedom. It's fun and games for them - They starve us taking our rights from us with nothing being done about it - It's OK for the men here to use excessive use of force on women, hit women and still have a job, all this is OK with the warden - They have their teacher's pets in grey as well as white - Where is the justice - Being in this current situation at the moment there is so much unlawful things happening here that's covered up when ACA, Regional Director and other big people that come to evaluate the unit - When there is a suicidal person or one that's actually in danger or has been cut with visible cuts it's funny when you go to tell - What warden of a unit laugh making jokes with a woman in front of them injured - Where is the justice?

A lot of the officers come in dealing with their personal issues just to take it out on us - They violate Rules & us daily but want respect in return - Again because they have the authority it's abused used in the wrong manner. Then want us to follow

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rules when in fact they follow none - They are  
ones who are here to set an example? Honestly  
speaking here there's no rehabilitation nor  
correction at all - we aren't offered many educational  
classes - those in restricted housing don't  
have any access to educational classes to help  
expand our knowledge, yet they say do not  
come back to prison - It's the officers who  
teach us to manipulate the system, we  
do wrong, yet wonder why the rate is so  
high on the return of prisoners - there is no  
use in utilizing the grievance process because  
the grievance investigator will throw away the  
write ups for her friends or family etc.  
Crooked all through the system - It's no telling  
who is friends or family in this place - It's  
a reason we are here and it's to do our time,  
not be mistreated, beat, lied on, retaliated against  
starved and of them all be judged again - we are  
not here to be punished all over again by the  
staff - feeling of this environment make me