

# Noticing is the first step.

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In our minds we hold the perception that we are under control but once that perception disappears through nearly every hardship or wake up call, or reality check; we find out our sense of reality is shaken. A person's reality may be defined by his works first and how people know him secondly. To find out that we must stay in line so our sense of reality doesn't crumble is a whole new first step of understanding. Taking notice that our reality and its consistency doesn't come with a guarantee to life as we know it, makes a whole new set of rules we live with.

Realizing imagination affects people and that our imaginations are created by a third party entitles the fact that a third party affects our basis of life. A first lesson on a new subject is met in every person's life at one point or another one way or another. Contrast brings this to our perception as we don't control the real factors which allow mankind to create perception. We are given a life that's mainly a perception that doesn't change

With <sup>art</sup> high contrast aspects.

Schizophrenia, delusions, and Hallucinations create an environment where a person crosses the thin line between sanity and insanity and in a sense traffic the goods of both sides to accumulate <sup>the</sup> Knowledge that keeps us guessing. To hold on to what we grasp while crossing the thin line between sanity and insanity is the very constitute that will give us <sup>the</sup> Knowledge that controls mankind and that mankind doesn't typically have power over. The power to have connections to voices and learn truths, and believe in unquestioned paths of life direct the ability to cross between these two well known powerful states of consciousness. Rythen builds to the degree of your sense or senselessness and produces a product of the two realms when the subject fears or believes. It's too common and little understood people fall victim of insanity without proper guidance. Certain slivers of Knowledge need other aspects of life within its holder to not make a being self destruct. Noticing is the first step.

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