

## ONE ORDINARY TASTE OF ONE TYPICAL DAY IN A TEXAS PRISON

Spit. On second thought I'll use the politically correct term to <sup>properly</sup> ~~correctly~~ identify our body's natural liquid needed for digestion and hydration — saliva. It amazes me that God intelligently designed for saliva to function in such a vital role to my survival. For the first 52 years of my life I took saliva for granted. An acute brain-stem stroke created a life long appreciation for my spit.

At approximately 10:00 am on January 11, 2017, I felt a distinct tingling in the back of my neck immediately followed by dizziness.