

CELLWELLER. JOURNAL: "WORDS ALONE AREN'T ENOUGH" (ENTRY TWO)

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BLACK AUGUST ESSAYS

WE ALL HAVE THE POWER TO CHANGE OUR OWN ATTITUDES WHETHER IN PRISON^{OR THE STREETS}.
REGARDLESS, IF WE ARE 'ETHETOWELLER'S', OR 'CELLWELLER'S'.
BEFORE, ANY OF US CAN START TO CONSIDER CHANGING OUR WAYS,
CHANGING OUR BEHAVIORS^{AND ATTITUDES} WE HAVE TO START BY CHANGING OUR THINKING.
SOMETHING, ~~WE~~ LEARNED "DON'T HAPPEN" "OVERNIGHT"! BELIEVE ME IT'S THE
THINKING IN A MORE POSITIVE DIRECTION, HEALTHY AND OPTIMISTIC,
~~REQUIRES GRUeling WORK~~ WHEN, AMBULANCE SIRENS 'SURROUND' YOU, ^{LITERS} GIRLS PUSHING
BABY STROLLERS DOWN THE SIDEWALK, BOYS COMING TO SCHOOL ARMED,
^{KNOWING TO} BATHING IN COLD-WATER, NO 'FOOD' IN THE FREEZE, ¹⁰⁰ 20 POLICE CARS -
PATROLLING A '10 BLOCK' AREA HMMM/HOW DOES ONE, OVERCOME THESE
^{ATTITUDES AND} 'CONDITIONS'? ~~LANDING~~ 'LANDING' INSIDE ONE OF THESE COLD, CEMENT-CELLS,
GRAFFITI, MARKINGS ON THE WALLS ^{INTIMIDATED BEHIND} STEEL DOORS, DRIED BLOOD-
STAINS, AND TEETH MARKS TO 'ETCH' THE HISTORY OF CELLWELLERS
BEFORE ME. WHAT CAN ONE DO TO ACHIEVE A TRANSITION AND CHANGE
IN ^{THEIR} LIVES? WHERE, DO ~~WE~~ ^{WE} REACH FOR A RELEASE VALVE? WHERE
IS THE ESCAPE HATCH TO 'LIVING HELL'? SOME DISCOVER THAT -
IT'S ALL, TUCKED-AWAY INSIDE ^{SOFT TISSUE OF OUR} ~~OUR~~ VEINS, MANY REACH FOR THE
'CHEMICAL' OR 'SUBSTANCE' ^{AS THEIR} ESCAPE-HATCHES, THEN WHAT? MORE 'HELL'.
SOME REACH 'UPWARD'S' FOR THE 'HEAVENS' ²⁰⁰ TO FIND GOD'S RELEASE-
VALVE? ~~AND~~ THERE ARE THOSE, ^{WHO} ~~WHO~~ TURN TO 'FANTASYLAND', 'IMAGINING'
THEMSELVES, 'SOMEPLACE' ELSE. WALKING AROUND, IN 'WONDERLAND', ~~AND~~
THE SMALLEST PERCENTAGE % OF CELLWELLER'S AND ETHETOWELLER'S,
ENDEAVOR TO, TAKE THE 'INITIATIVE' AND 'RESEARCH' THE MINDSET,
AND 'THINKING' THAT'S NEEDED, TO ACHIEVE THE KINDA 'RESULTS' DESIRED.
IT TAKES 'AMBITION', TO UNCOVER ANSWER'S AND EXPLANATIONS,
EVENTUALLY, ^{DISCOVERING} WHO'S RESPONSIBLE FOR HAVING NO AMBITION OR
NO DRIVE? WHO'S TO BLAME, FOR NOT WORKING-HARD TO DESIGN ^{THEIR} ~~OUR~~
OWN FORMULA? LACK OF AMBITION AND ATTITUDE TO ACHIEVE?
THESE, ARE ALL ABOUT CHOICES THAT WE MAKE, FOR OURSELVES IN
PRISON CELLS OR THE HOOD. ^{269 words}

THE CELLWELLER
LEVEY "SEKOU" BROOKSHIRE