

This is the first day of my (only) diary  
I felt I need one so I could help with  
my thoughts and to keep track of my  
dreams. They have been weird dreams, either  
I'm building something or talking to some  
body like [redacted] or [redacted]. I can't tell you  
what tomorrow brings but who knows.

Things are ok with me and [redacted] but  
sometimes I just think about death but  
I guess with the coronavirus going on who  
can not think about death. Life must go  
on people. Deep down I know I will be ok  
but my fears play a dirty game with me.

So far now welcome to my (only) diary  
if you are reading it please know you can do  
any thing you put your mind to no matter  
the situation.

## unconditional love issues

some times we never ever think about  
action when moving on life but here I  
am, I dont know why its so easy for  
me to forgive those who want to hurt  
me but its their loss not mine. I'm loyal  
I do all I can for my family its unconditional  
love issues.

The topic of this is a double sided coin  
it can be a friend or a ~~enemie~~ enemy most times  
its a enemy but I want get in to that because  
its hurtful when you love people who would  
rather see you dead than alive or they think  
they would but really cant deal with out your  
unconditional love

Today is a ok day its day 3 out  
side of my cage and I feel good but

I can't seem to stay focused on my bible  
Scriptures, In my eyes I read the whole bible  
etc in my head and heart I'm working on  
the next step of my life.

I don't think people understand what  
unconditional love really is they use the phrase  
alot but I really don't think they understand  
how to be unconditionally in love with anybody  
let alone themselves. My family could wait till  
I turned my back to them before they stabbed  
me constantly,

They tried to sneak and do it but in  
the moment they could wait I made them stab  
me straight up, you should have seen the shock  
in their eyes when I plunged my sword in  
my beating heart But I guess unconditional  
love comes with a price

So me times I sit and stare at the walls have  
you ever been trapped in one room for 7 months  
with out leaving. I mean everything gets  
brought to you dont look at us as a made services  
cause its not. They put our trays through  
a hole in the wall, our lives are waited  
on by people who dont think highly of us.

I cant complain cause I under  
stand my action brought this on but still  
this is a life that appears to be the same  
every day. They say humans are creatures  
of habit well they meant jails and prisons.  
Its societys big solution that didnt  
turn out as planned.

I talk alot about this big idea  
of a better solution because somebody

Has fd or it will never get fixed. Do  
I think they should draw away with prison  
no because it has to be able to teach better  
ways but to say lock us away and  
not understand the thing that drives  
us is crazy.

But who am I? but a caged bird  
that sings sad song and cant hold a tune.