

MY GRATITUDE PRAYER

Dear Lord,

Forgive me for my complacency.
Forgive me for my selfishness and apathy.
Forgive me for my lack of appreciation.
Remind me to be forever and continually
thankful that I am able bodied and have my
mobility. I have my arms and legs. Yet,
I don't always do all that I could. I have
two eyes and two ears. Yet I don't always
listen to or look for the good. I can touch
and feel and smell and taste. So why is it
that I don't appreciate all the sweetness and
wonderful blessings of your creation?

I have food in my belly and a roof
over my head. I have clothes on my back
and a warm place to sleep. I have clean water
and access to toilets and showers. I am free
from sickness and disease. I am not in
constant pain. And the pains I do have are
bearable. Thank you Lord for these bumps,
and bruises, and disappointments. Let me find
humility and thankfulness in all that I am
able to endure. Thank you Lord for your
protection and providence; your mercy and
your grace. Thank you for the forgiveness
of my many sins.

AMEN

BRIAN FULLER
5-20