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IN NO WAY	AM I TH	AUTHOR OF	THIS ESS	W GLORIFYING	VIOLENCE	INSIDE OR	OUTSIDE
OF PRISON.							

I AM ONLY REVEALING WHAT MY TIME ON THE INSIDE HAS BEEN LIKE AND A WAY TO SHOW
READERS THAT THERE IS A LOT WRONG WITH THIS SYSTEM CALLED JUSTICE

With Kind Regards.

Mr. Joshua D. M. Ra-

I, MR JOSHUA G. MCRAVJON AM A NORTH CAROLINA STATE PRISONER WHO IS COUNTED AMONG THE MOST DANGEROUS PRISONERS WITHIN THIS STATE. MY RECORD OF VIOLENT ASSAULTS ON OFFICERS. HAS GIVEN ME THIS UNWANTED DISTINCTION WITHIN THIS PRISON SYSTEM. I'VE DONE OVER 10 YEARS ON LOCK-UP, SOLITARY CONFINEMENT, SUPER MAX. THE LONGEST TIME IN SUPERMAX CONFINEMENT WAS SEVEN (7) YEARS. THIS IS BECAUSE THERE IS A RULE THAT STATES I ANY INFRACTION THAT RESULTS IN A GUILTY PLEA OR GUILTY VERDICT WITH THE DISCIPLINARY HEARING OFFICER WILL RESULT IN A RESTART OF AN OFFENDERS 180 DAYS SENTENCE ON CONTROL STATUS. SO SOMETHING AS SIMPLE AS PROFAME LANGUAGE OR KICKING A CELL DOOR OUT OF FRUSTRATION WOULD RESULT IN A RESTART. A PERSON LIKE MYSELF WHO HAS NUMEROUS ASSAULTS ON OFFICERS, AND AN ANTI-AUTHORITARIAN LABLE IN MY FEELD JACKET BECOMES ATARGET FOR STAFF AND OFFICERS WHO FEEL THAT THEY HAVE SOMETHING TO PROVE IN MAKING THE ATTEMPT TO BREAK MY WILL-I'VE HAD MY SHOULDERS DISLOCATED TWICE, MY RIGHT ELBOW HYPER-EXTENDED AND MY RIGHT HAND COMPLETELY BROKEN FINGERS AND ALL, BY OFFICERS WHILE I WAS FULLY RESTRAINED., IN THE NORTH CAROLINA PRISON SYSTEM THERE IS NOTHING TO DO TO KEEP THE DISPUTES BETWEEN PRISONERS AND OFFICERS AT BAY. WHEN I FIRST ENTERED PRISON IN THE LATE 1990'S THERE WAS MANYTRADE CLASSES, EDUCATIONAL AND VOCATIONAL THINGS TO DO IN MAXIMUM SECURITY. BUT NOW AND WITH IN THE LAST 15 YEARS ALL THAT WE HAVE TO DO IS SIT IN A CELL BLOCK AND TRY NOT TO KILL EXCHOTHER OR THE OFFICERS WHEN EVER YOU TAKE A HUMAN BEING MALE OR FEMALE AND GIVE THEM NOTHING TO DO YOU ARE CREATING A MONSTER WITH THIS FORM OF DEPRIVATION, THE THINGS THAT ONE WANTS THE MOST IS THAT IN WHICH THAT ONE IS DEPRIVED OF THE MOST .. I HAVE A PSYCHOLOGY DEGREE THAT I OBTAINED THROUGH CORRESPONDENCE COURSES, I USED AND STILL USE MYSELF AS PROOF THAT THE LESS APRISONER HAS TO DO WITH HIS OR HER TIMETHE MORE LIKELY THEY ARE TO COMMIT RULE VIOLATIONS, AND DEVELOPE A LACK OF CONCERN FOR CONSEQUENCES THAT LATER ON USUALLY LEADSTO COMING BACK OR AT TIMES RIGHT BACK TO PRISON .. PAROLE POST -RELEASE VIOLATORS ARE A BIG PART OF THE N.C. PRISONER POPULATION. STUDIES SHOW THAT IN NORTH CAROLINA IN 2000 THERE WHERE 31,866 PEOPLE IN STATE PRISONS, IN 2017 THAT NUMBER INCREASED TO 36,394 AND IN 2018 THE NUMBER WAS DOWN TO 34,899 A -4.1% CHANGE FROM 2017 TO 2018. UNDERSTAND THAT THIS STUDY DUESNT INCLUDE ANY ACCOUNT ON REPEAT OFFENDERS SUCH AS POST RELEASE-PAROLE VIOLATORS. I AM AMONG THIS GROUP OF PAROLE POST RELEASE VIOLATORS ONLY BE CAUSE THE PAROLE COMMISSION CAN VIOLATE YOU ON THE GROUNDS OF THE SEVERITY OF YOUR PENDING CHARGES WITHOUT ANY CONVECTION, FUTHER MORE YOU CAN NOT POST A BOND WITH A PAROLE HOLD ON YOUR FILE, SO THIS TREATMENT IS TANTAMONT TO COERCION TO REENTER PRISON IN ORDER TO BEABLE TO POST A BOND ON A CHARGE THAT MAYBE DISMISSED OR YOU HAVE A STRONG CHANCE TO BE ACQUITTED OF DURING TRIAL. I MYSELF WAS CHARGED WITH ATTEMPTED MURDER IN 2015 AFTER DOING OVER ISYEARS IN PRISON FOR ARMED ROBBERY, WEAPONS OF MASS DESTRUCTION AND ASSAULTS THAT I INCURRED DURING MY TIME IN PRISON. MY ORIGINAL SENTENCE WAS ONLY 9 TO 11/2 YEARS. THE 2013 ATTEMPTED MURDER WAS DISMISSED 33 MONTHS LATER IN FEBRUARY 2018. I WAS SENT BACK TO PRISON AS A PAROLE VIOLATOR AND WASNIT GOVEN A BOND BECAUSE OF THE POST RELEASE PAROLE HOLD, SO AFTER THE SERVING OF 9 MONTHS WHICH WAS THE REMAINDER OF THE OLD SENTENCE I ENDED UP STABBING ANOTHER PRISONER WHILE IN COUNTY JAIL AWAITING TRIAL. I WAS FOUND GUELTY OF A LESSER ASSAULT CHARGE FOR THE JAILHOUSE STABBING. UPON DIRECT APPEAL MY CASE WAS OVER TURNED AND I WAS GIVEN A MISDEMEANOR ASSAULT WITH A DEADLY WEAPON. BUT I HAD INCURRED TWO MORE MALTETOUS CONDUCT BY PRISONER CHARGES FOR SPITTING IN THE FACE OF A JAZLGUARD WHO HUNG UP THE TELEPHONE WHILE I WAS TALKING TO MY DAUGHTER WHOM HAD JUST BEEN SHOT THE DAY BEFORE. ALSO FOR THROWING BLENCH IN THE SERGEANTS FACE FOR USING RACIAL EPITHETS TOWARDS ME. SO THE 33 MONTHS OF JAIL CRED IT TIME WAS APPLIED TO MY PLEA OF 33 TO 49 MONTHS, WITH THE JAILCREDIT TIME I WAS GIVEN A 3 TO 10 MONTH SENTENCE I SERVED MY SENTENCE AND WAS RELEASED ON 2-7-2020 AND PUT ON PAROLE-POST RELEASE I APPLIED FOR TRANSITIONAL HOUSING BUT WAS DENIED, BECAUSE I WAS'NT A DRUG USER OR A PEDOPHILE, AND ONCE AGAIN MY VIDLENT PRISON AND VIOLENT STREET RECORD WHERE HELD AGAINST ME. I WAS ABLE TO FIND WORK IN LINCOLN COUNTY, N.C. AND I HAD B JOBS AT ONE TIME THAT ALL PAID GOOD WAGES. I AM THE NORTH CAROLINA DIRECTOR OF THE HERMONIOUS VOLUNTEER CENTER. A NON-PROFIT ORGANIZATION THAT IS

HEAD QUARTERED IN PHILADELPHIA PA. MY MOTHER IS THE C.E.O. PRESIDENT NOW AFTER THE LOSS OF MR. IRUIN B. SHANNON AND YET, WITH ALL OF THE GOOD THAT CAME OUT OF MY EXPERIENCE ON THE OUTSIDE, HERE I SIT ONCE AGAIN IN A MAXIMUM SECURITY CELL IN NORTH CAROLINA FOR AN ATTEMPTED FORST DEGREE MURDER, THAT I DIDN'T COMMIT. WHAT'S WRONG WITH MY STORY IS THAT THERE ISN'T ANY HELPFUL OUTLETS OR PROGRAMS FOR VIOLENT FELONS IN THIS STATE, ALSO THE PAROLE POST-RELEASE COMMISSION CHARGES & 250 FOR AN ARBITRATION HEARING FOR AN INTER-STATE COMPACT, I COULD NOT GAIN ACCEPTANCE IN THREE DIFFERENT STATES IN WHICH I HAVE IMMEDIATE FAMILY IN. THE ARBITRATOR CITED MY RECORD AS A VIOLENT FELON AND MY VIOLENT PRISON RECORD AS GROUNDS NOT TO ALLOW THE COMPACT. BUT WOULD'AT GOING TO A PLACE WHERE NO ONE KNOWS MY NAME OR MY PAST DO ME MORE JUSTICE THAN GOING BACK TO THE PLACE IN WHICH IAM KNOWN AS MY RECORD SHOWS ME? THE RULES OF THE POST-RELEASE PAROLE COMMISSION ALSO STATES THAT "IF AN OFFENDER UPON RELEASE CANT PROVIDE AN APPROPRIATE ADDRESS PRIOR TO RELEASE OFFENDER MUST RETURN TO COUNTY OF OFFENCE. SO WE SEE THAT THE POST-RELEASE PAROLE STRUCTURED A SET OF RULES AND GUIDELINES DESIGNED TO BRING OFFENDERS BACK TO PRISON. DUE IN PART TO A LACK OF RESOURCES AND ALTERNA-TIVES PROGRAMS THAT HELP PREPARE VIOLENT FELONS FOR RELEASE AND ALSO MORE STATE HALF-WAY HOUSES FOR MALES NEED TO BE ESTABLISHED AND ALSO MORE OF A NEED FOR NON-FAITH BASED GROUPS TO BECOME MORE INVOLVED. IN CLOSING I LEAVE YOU WITH THIS. ALL PEOPLE HAVE A CHOICE WHEN IT COMES TO GOOD OR BAD, BUT ALL PEOPLE DO NOT HAVE THE SAME CIRCUMSTANCES TO CHOOSE THE GOOD IN ALL SITUATIONS. By mr. Joshua D. McRavi

	CONTROL STATUS! NAME FOR TIME SPENT IN SOLITARY CONFINEMENT, MORE COMMONLY KNOWN AS THE HOLE, OR TIME IN THE HOLE, OR LOCK DOWN TIME, ALSO DEAD TIME.
2	FEILD JACKET! A FOLDER THAT SHOWS EVERYTHING THAT A PRISONER HAS DONE IN HIS OR HER PRISON STRY BE IT GOOD OR BAD, ALSO CONSISTS OF MUG SHOTS AND SECURITY ALERTS IF NEEDED., FOLLOWS PRISONER TO EVERY PRISON HE OR HER IS SENT TO
3	INTERSTATE COMPACT: A DEAL WITH ANOTHER STATE TO HOLD, MONETOR OR HOUSE A PRISONER FROM ANOTHER STATE. FOR ANY REASON OF CUSTODY, PAROLE, POST-RELEASE, PROBATION, SAFEKEEPING, TO ELIMINATE THE INFLUENCE OR THREAT ANY ONE PRISONER OR GROUP OF PRISONERS HOLD IN THE STATE.
4.	NOTES PRISON POPULATION BY STATE 2000-18 SOURCE NATIONAL PRISONER STATISTICS PROGRAM, BUREAU OF JUSTICE STATISTICS (BJS) U.S. DEPARTMENT OF JUSTICE FROM! THE WORLD ALMANAC AND BOOK OF FACTS 2021
(5)	JAILCREDIT! TIME SPENT IN COUNTY JAIL PRIOR TO GOING TO TRIAL, THIS TIME IS A CREDIT TO THE SENTENCE IMPOSED UPON YOU BY THE COURT FOR EVERYDAY YOU ARE IN JAIL
(6)	DIRECT APPEAL! THE PROCESS OF A CIRCUIT COURTS REVIEW OF THE DISTRICT COURTS DECISION AND ACTIONS DURING SURY TRIAL, THIS APPEAL IS AUTOMATER AND DOESN'T INVOLVE A COLLATERAL ATTACK, (ALSO DIRECT REVIEW: JUDICIAL REVIEW OF A CASE OBTAINED THROUGH ORDINARY APPELLATE PROCEDURE RATHER THAN THROUGH A COLLATERAL ATTACK