Locked up
Separated from family
Relying on others for food & supplies
\hspace{1cm} \textbf{NO TOUCHING!}
Only communication with loved ones over phone or video

Being told what to do
where we can or can’t go
and when we can or can’t do anything

All special activities cancelled
\hspace{1cm} \begin{itemize}
\item No haircuts
\item No religious programming
\item No educational classes
\item Nothing to do
\end{itemize}
Just me and my TV

“\textbf{They}” make all the decisions
we’re required to blindly follow
New Curfews
Rules changing hourly
Authorities checking to make sure we are where we’re supposed to be

Compliance is Mandatory
disobedience will not be tolerated

People afraid of “\textbf{Others}”
of getting sick
of losing their life
can’t even go to the hospital in an emergency without special clearance

Powerless, helpless, hopeless...
society just got a small dose
of what my life is like
\hspace{1cm} \textbf{EVERY DAY}
in prison.