

Hello... is there anybody out there? Can anyone hear me? If not, its okay, I'm used to it by now.

I have been buried alive for the past 21 years. I have been surviving on swallowing my own tears. Some days my friend 'Misery' has a choke hold on me.

My spirit has been broken, but I haven't lost my soul yet. My pain does not compare to all the sorrows I have caused. So before I expire, I wish to express my sincere apologies for all the suffering I have created and grief I have brought into our world.

Please allow me to introduce myself. My name is Inmate Ngo #V43772, at the age of 19 I was concealed in a man made concrete coffin. I am now 40 years old. hello...  
...HELLOOOOO!!!

Oops! I thought someone was there. My mind is playing tricks on me again. It doesn't make me insane does it?

L.W.O.P. is a Death by Decay sentence.  
Cruel and unusal punishment.

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