

Act Now!

"Provide Prisoners with Help and Hope They Need to Survive"  
an essay by Laderie McDonald 11/21/21

"Never give up, stay enthusiastic about the life,  
the creator has given unto you, for the  
creator wants you to enjoy all things richly"

ORIGINAL QUOTE - Laderie McDonald 11/21/21

Dear Reader, I am reaching out to you today, to ask you all to fight a little bit harder and a little while longer with the residents of DOC's and BOP's across America, against the unjust and corrupt prison system we live under. We need your help and we need it now. Fight for us, if you believe that ALL LIVES MATTER! Fight, if you believe that all prisoners should be treated with the respect due to their inherent dignity and value as human beings. Fight, if you believe that no prisoner should ever be subjected to, and that all prisoners should be protected from, torture and other cruel, inhuman or degrading treatment or punishment, for which no circumstances can be used as justification. Fight until every jail/prison has a library that is fully stocked for the use of all levels of prisoners.

Fight, until every prisoner is allowed adequate contact with the outside world and access to effective legal aid. Fight, for provisions to be made that will allow prisoners to further

their education, so that they may one day profit from it. Fight for humane meals, foods that ~~is~~<sup>are</sup> of adequate nutritional value that promotes good health and strength, and is of a wholesome quality, well prepared and served. Fight, because you believe all lives matter, we have value, we are your daughters and sons, your sisters and brothers, your mothers and fathers, fight for us. We are being mistreated and misteard. We want to receive ethical treatment and the right amount of corrective care that will allow us to successfully re-enter society. Dear Reader, it is societies duty to provide oversight on the behalf of residents of DOC's and BOP's across America to help ensure that we are being ~~giving~~ given guiding principles and that we are also being treated humanely and not as if we are only 3/5 of a ~~person~~ human being. Society your duty to your fellow man does not end when we are convicted of a crime and sent to prison, it only begins. Therefore I ask that governmental, private agencies and beautiful people, who are capable of giving prisoners efficient post-conviction

advocacy and care that will help lessen the chances of them receiving cruel, inhuman or degrading treatment or punishment that amounts to torture to do so. Please, fight if you believe that all prison staff shall possess an efficient standard of education and should be given the ability and means necessary to perform their duties in a professional manner. Fight against the use of instruments of restraint, that result in torture, and lead to death. Fight for healthcare services that meet the same standard of health care that is available in the community and to ensure that we receive prompt medical care in urgent cases. Fight for our right to request forms to make formal complaints regarding our treatment without censorship or retaliation to the central prison administration and to the judicial or other capable authorities, especially those whose purpose is to review ~~with~~ and have remedial power. We need you now! Fight for us! Call the director of your state's DOC's and BOP's and encourage them to treat us in the same way, they want to be treated. \*

Dear Reader, I want to thank you for your time. Thanks for reading, I hope after reading this essay that you will act now, in order to provide prisoners with hope and with much needed help.

### ABOUT THE AUTHOR:

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