

Prison Food

Ho, Ho, Ho, Merry Christmas and a better new year, providing ^{omigod} we get through it, without getting COVID-Delta, the flu or food poisoning. I recently been going back and forth on hospital trips.

I feel like a celebrity at Geisinger, shaking hands with all the doctors, or maybe a patron at Cheers. OK, I'm not, but it sounds nice, instead I'm a wrongfully convicted inmate stuck in the system, enjoying stale bread, the mice don't get and cold, undercooked or burnt food, everyone raves about, OK, they don't rave about it, they get sick on, digesting it.

I tried to put a positive spin on it, and it was a real struggle. The holidays are coming. This is exciting, if we are good, we can get 2 outdated snack puddings, I bet, instead of one, or outdated chocolate milk, and hopefully you make it back to your cell from the over crowded chow halls without pooping your pants, but remember the check in lines are long, holiday meals are top priority, and the rush is on to get first in line, out the door, before the food gets cold, and back to the toilets.

That's holiday cheer at its best, don't be jealous, you can get involved with this years holiday activities too. Race me to the chow hall, or slide on the ice. If things go right, you can run through the snow, and freeze before you get there. All these possibilities of staying fit and keeping active during the winter months, can happen to you, being a team player.

Now, we wonder, why must we eat cold, stale, or over used leftovers? A few reasons, there's everywhere, stealing the good stuff, because they only make 20¢ to start in the kitchen, and work 8 hours, so they are at \$1.60 a day minus 25% for court costs, (40 cents) and that leaves \$1.20 a day

Then a \$5 sick call, for botulism or a bacteria infection, in your intestines from eating the food, most of you made, without using clean gloves or in a clean area, that the mice just ran acrossed, while you were in the bathroom, trading a baggie of chicken or an onion for a dead e cig, and a promise of a tomato or green pepper, for your next dead e cig, because a new one, cost \$6 each, and that is not in the budget this month, until you earn more, sound familiar?

With a problem, you need a solution. Pay the inmates more, then enforce the rule, you steal, you fired. If working in the kitchen is a top paid job, the inmates will think twice, about losing the job. The better food supply will return, so you don't have to serve tainted food to the hungry inmates during the toughest time of the year. and the medical staff can help treat more serious problems, instead of hundreds of inmates with bacterial infections and food poisoning problems, food for thought.