Ready To Write
I recently watched a movie on T.U. Called "Freedom Writes": It's about a teacher who encourages her sophmore English class, who many are from the inner-city and are gang members to writ in a journal every day. It didint matter what it was they wrote or how much they wrote, as long as they wrok in it every day. They would not be graded on it nor would they be read unless they wanted her to read them.

Quay time I see that movie it inspires me more to kees on writing. It reminds me of "The Beat Wi thin" (In also publishes in that prison Magazine) and all that they do by going ink all the juvenile detention centers, the prisons and out there in the communities holding writing workshops. They are out there every week teaching and encouraging the young, the old, the incarcerated and these in the "free work" "haw to write.

How I was taught to write seventeen years ago and Still do is to just write and not Worry a bout spelling, sentence and paragraph arrangement, a ll that I can come back and do later. My priority is just white whatever is on my mind.

It doesint matter what you writ, how much you writ on how you writ, but what does matter is that at least you give writing a try. It doesnt matter if you are not the best speller or know anything about sentence or paragraph structure you can al way learn that Shah (The magazine Inn published in "The Beat within' does not allow in appropriate language) later, so I encourage you just to write I write about my life experiences, my struggles, and the things I've learned along the way through my (Continue))

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journey called my life. Ire not been in the free world since I was 22 years old, and in June I will be 45 years old (At the time of writing this it was in 2021), so what I knew is what it is like growing up in prison.

Maybe through my writings and experiences and lessons someone else reading this maybe can relate or is going through the same or similar thing and could benefit from it and know that they are not a lone.

At times, I struggle with writing clue to a TBI (traumatic Brain injury) due to a very traumatic assault that happened back in 2005 that lasted seven and half minutes before squad got to me, I was dead and they had to bring me back to life. Since then my IG has dropped down to 70 , which is in the borderline nominal category, but I continue to write. There are times that I can write with ease and then there are times that writing is very difficult for me but I do not give up and just press on.

Before the assault I was a G.E.D. tutor for 4 years but after the assault and due to the TBI I no longer could be a tutor due to my own educational level declining. I went from a $12^{\text {th }}$ grade educator lever now to a $5^{\text {th }}$ grade education level, but people would not necessarlity know unless I told them, and some people don't notice. Everyone has a Story and owning a story can be hard but not as difficult as spending our lives running from it and that why I encourage you to write

The movie "Freedom Writers" is exactly about that. Sharing who you are, where you come from. By Sharing your story or just a little bit about yourself, Maybe someone else will be able (continue)

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to relate to you and that may even open conversations with people and friendships.

So I leave you with this: there are many forms of writing: a rap, writing a poem, writing a memoir, writing a fiction story, etc. So are you willing to give writing a try?

Until pen meets paper again keep expressing yourself keep writing and keep being you.

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