

Prison Reflections

incremental growth
not easily observed
looking toward the past
I clearly deserved
these days of monotony
with time to reflect
that the person I was
was far from perfect
contentment I've found
in repetitive days
repeating contrition
in singular ways
this blasé existence
with minimal change
I forgave resistance
for this life that is strange
with nothing dynamic
in this weekly of grinds
living in stasis
my past is a sign
to see how I've changed
the growth that's taken place
you should look inside at
the man behind this face

6-16-19

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