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The ANGER Drug  
by STEVEN L. NEUGENT #1965119

These are UNCERTAIN times in AMERICA, MASS SCHOOL SHOOTINGS, POLITICAL VIOLENCE, VIOLENT CRIME IN THE STREETS. THERE IS ANGER, HATE, STRIFE, SELF-RIGHTEOUSNESS, VIRTUE SIGNALLING. IN NO OTHER TIME IN AMERICAN HISTORY HAS SO MUCH HATE BEEN UNLEASHED ON THE AMERICAN PEOPLE. NO ONE PERSON IS TO BLAME FOR THIS. WE ARE ALL ON THIS AMERICAN EXPERIMENT CALLED FREEDOM TOGETHER. SO WE ALL ARE TO BLAME FOR THIS. BUT THERE IS ONE UNDERLYING COMMONALITY: HATE AND ANGER.

POLITICAL STRIFE, ECONOMIC UNCERTAINTIES AS WELL AS SOCIAL MISTRUST ARE JUST SYMPTOMS OF THE PROBLEMS OF VIOLENCE. THE CAUSE IS UNRESOLVED ANGER. WHY DO WE HATE ONE-ANOTHER SO MUCH? IT IS UNCONSCIONABLE THAT A POLITICAL PARTY WOULD USE HATE AND ANGER TO GAIN POLITICAL POWER. THEY HAVE NO SHAME!

BUT ON THE BROADER SCOPE OF ANGER, THE TRUE  
DIVIDE WITHIN AMERICA TODAY. WE ALL HAVE  
IT. BUT SOME STEW IN THEIR OWN HATRED.  
TO THESE PEOPLE ANGER IS LIKE A DRUG.

PEOPLE CAN BECOME ADDICTED TO ANGER.  
ADDICTION IS DEFINED AS ANY SUBSTANCE THAT  
CAN CHANGE THE WAY WE THINK OR FEEL. THE  
ANGER IS LIKE THE JONESING, LIKE ON HEROIN,  
THE ADDICT NEEDS HIS FIX. THE RELEASE, OR  
CLIMAX, IS THE ACTING OUT OF THAT ANGER.

WHEN I WAS GROWING UP, DURING MY  
ADOLESCENCE, I WAS TAUGHT TO COUNT TO TEN  
WHEN I WAS ANGRY. WE UNDERSTOOD BACK THEN  
THAT THE BRAIN WAS A CHEMOELECTRIC ORGAN,  
AND IF YOU WAITED TEN SECONDS, THE CHEMISTRY  
OF THE BRAIN EQUALIZED OUT. I LEARNED TO  
THINK BEFORE I ACTED, RATHER THAN USE JUST  
MY EMOTIONS TO MAKE DECISIONS. WE ALL  
SHOULD LEARN THIS FROM HISTORY.

I Heard a story The other day on The Radio About a King THAT had a Philosopher Teach his SON About ANGER. The Philosopher TOOK The PRINCE INTO The woods AND Finding a Bee's NEST STUCK The PRINCE'S hand INTO The NEST. The Bees of course INSTANTLY ATTACKED and STUNG The PRINCE'S hand.

The Prince howled in Pain, "I'm going to Tell The King you did This TO Me"!

But The Philosopher Replied, "Yes, but Consider This: you were only hurt by The Bees. The ANGRY Bees however Died Because of Their ANGER".

The Prince went on to a Long Rule in his Kingdom, Ruling wisely.

ANGER TENDS TO DESTROY Those it Possesses. Just The same as DRUGS will Possess People and DESTROY Their lives.

Remember Smokey The Bear? He said, "only you CAN PREVENT Forest Fires".

I do understand we are NOT ALL VULCANS,  
ONLY TRUSTING TO LOGIC. We must Remember  
TO be IN CONTROL OF OUR EMOTIONS. NO ONE  
CAN MAKE ME ANGRY. I ALLOW MYSELF TO  
become ANGRY. These days we CAN NOT  
AFFORD THAT LUXURY. There are TOO MANY  
OTHER PROBLEMS IN THE WORLD TO be BURNED UP  
WITH OUR Petty HATE. Self-Righteous ANGER  
IS JUST THAT, SELFISH.

My Hope is THAT we CAN HAVE COMPASSION  
IN OUR HUMANESS FOR ONE ANOTHER. We as  
AMERICANS MUST LAY DOWN OUR HATE AND  
ANGER. IF we CAN do This, TO SET OUR Bias  
ASIDE; I Believe There is NO Problem TOO  
GREAT THAT OUR NATION COULD NOT SOLVE.  
IT IS UP TO ALL OF US.

