

Transition of Cognition

Intro: A cognitive transformation occurs, when a prisoner starts serving their sixteenth year of their sentence, and they experience, what I call the mean sixteen.

Body: That's what I'm experiencing right now, and I can tell that the gray matter in my brain, is shifting. How can I tell, well I can tell, because I've noticed that my neurotransmitters have been sending signals that override my intelligence, which has caused all type of unusual thoughts to formulate in my mind. Some of which are innovative and creative, but others are strange in a way that makes me realize that being confined has modified my mind over time. What I mean, is that my perception of being embodied has changed, and I've started to feel like I am confined in stemcells, which is the worse form of confinement. What I'm describing, is an aspect of incarceration that deals with a prisoner's detachment from humanity, while their sanity is still intact.

Put differently, most prisoners don't feel like humans, and even though many of us are still functioning like humans, it does not mean that we still think like humans. Believe it, or not, the prison system was designed to strip prisoners of their humanity, via inhumane conditions that are intended to morph minds into savage cognitions. In a civilized world, prisons would sculpt prisoners into assets, by improving conditions within prisons, so that prisoners will be better equipped and qualified to contribute to the advancement of society, when we reenter into society. Unfortunately, we do not live in a civilized world, so there is not much of a societal interest in improving conditions in this nation's prisons. As a result, there is a misplaced perception that prisoners are unfit to sit at many tables.

Conclusion: The bottom line, is that improved conditions gives rise to improved cognition, and I'm fishing for readers that are willing to lobby on behalf of improving conditions within prisons.