Self Talk
J.S. Russell

Energy

Thoughts

Feelings affected by

Energy adverse to the direction I

Want to go

I want to go

They won't let me go

So

So until they let me go

Until it's my time to go

You got work to do

Who?!

YOU NIGGA!

Get your shit together

Don't let these people upset you

Don't let these people get you

Where you're not focused on the mission

I'm free, I'm happy, I'm healthy, I'm rich

We say these affirmations in repetition

Say it out loud!

Listen

Envision

Remember the beach in Miami

See the beautiful sunset on the cruise

Calm your mood

Now think bigger

See the bigger picture

Using this experience to educate and create

Change

And create change

For profit to non-profit

Creating currents of exchange

Establishing a blue print

For those who want to make the transformation from chains

To a higher mind frame

Mine

Fame

For giving game

Of how to turn loss to gain

Cross and pain

A mere sacrifice

To reach a higher plane

See what I'm saying?

These mutha fuckas ain't there

Stop allowing them to make you mad

We got shit to do

All these books we've read

All this work we've did

It's all for something

Something greater than us

And because of what's greater than us

We getting out of here