

Psychology Services in Prison
by Lazarus Karne.

There is a reason for the title of this essay. Yesterday, my celly asked the guard on duty if she could call over to psychology to see if anyone was here that he could talk to. There was, but they said that, "if it wasn't an emergency, to put in a cop-out and wait for a response." That could take two to three weeks, or never. It's usually never around here. And the only thing they consider an "Emergency," is when you're having suicidal thoughts. Even then, you'll spend two or three days on suicide watch before anyone from the psychology department bothers to come see you. I think the only way you're likely to get a real response from any of the guards

around hear, and not just the ones in psychology, is if you're one of their snitches. Don't believe me?

One of the inmates here has gotten in trouble so many times that he's back up to VSP points, and yet they refuse to ship him.

Before I get to far off topic, there are problems with talking to psychology even if you manage to see someone. A lot of the time you're more likely to get some one who's more interested in getting you more time than they are in giving you the help you need. Keeping a journal would be more help, but they'd just use my writings against me. If they can link this back to me, they still could.

They may claim it doesn't happen, but retaliation
by the guards does happen. I'm going to let you think
on that while I figure out my next Essay.

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