Notes From The Esophagus

The Big tubuncular circulation fan sits alone; spinning, churning, pushing gray dust motes and jalapeño flavored hairballs on down the same colored MDOC halls in summer.

This dull passage known as "the rock" in correctional vocabularies is a throat of constriction full of long and dull days. Moving us with up and down reflexes; our up and down moods; climbing up and down steps—are always the same.

Before an up and down gulp releases, Ah, peristalsis! They've swallowed some more!

Meanwhile, those tumble-weavers go bounding; rolling on by the same shower-shoe shufflers scritch-scratching their way across a galaxy of vanilla cheap tiles with their cinderblock uncertainties.

They wonder, not wander, always:
What's on t.v. tonight? What's on the tray three times a day?
Those milk for juice trades make them wonder away.
Wondering if time does indeed make for a tasty tenderizer?
Or are they still raw, half-chewed chunks on the way wayyy down?

For these saw-horse carpenters or card-counting cowboys are really just measuring their red-lined boundaries by wallowing on shelves; by swallowing themselves; becoming roast-beef-thin slices that are now lodged down deep and stuck with tears in their eyes. (the Only running allowed on the rock) Unable to breathe, clutching their throats through handcuffed-Heimlich's double fist pumps: so suddenly turn'd blue.

As now more wonders, for their long long why's?

MDOC -- Michigan Department of Corrections