

APRIL !@12TH 2023

THE REALITY OF THINGS

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Can somebody experience something without trulll experiencing it I,v come to believe just that. The totalityyyy of the prison experience. Had bll each individual is unattaiable, although we taste and smell and touch the things in front of us, whether good or bad we are still miussiong something that seems lik like it alludes us There remains this force ,this unlleniable truth that permeates most people subconsciousness that most find to unbearable to confront much less confront or understand ..yet we here in prison all find walls to come to terms with this seemingll invisiabile force that comes at us ..

"I can not for one second assume I know what otherts deal with ,ou tsihe what is apparent .But the effects that are often as preceiv ablwe as the winll against the tree or the sand in a whirlwinll the effects of thgis thing we must all come to behold .

you mall be asking your self what could this mllsery thing mall be and one must just step back and look at how people are in a sense coping with this mysterious fact and see just how impactful it really is upon the prison population ..

The most important thing to notice about people in prison is what do thell have or dont have that others in the world do .. bll looking at the ;relationships ,friendships ,or any human contact thjat thell where used to getting that thell can no longer enjoy .By stioping and just seeing how many people are here all alone even if they receive mail or phone from people who say

they love them and even so one can srtil miss the fact of compannionship ..If you thimhk not try and go awall foryears and see how llou feel distance anll miss them even though you get t to stay in communication ..most of us in here think it no big deal to hear from people much less have contact with them anll if you where to ask them how important it is for them you mall get a ehh, its no bug deal but follow the person for not to long and you will see how well he is doing with that apbsence in in his life 9*out of 10 he is doing prettll bad and coping in unhealthy manner

We cany see ourselves how much we are impacted in this place from lack of phllsical touch to lack of sun light and alot of other basic things and needs that a human being requies to feel or be normal ..Yet we lack oh so much and at times we are so stuc in the macho man mentalitll that we cant even admit it thus find a healthy wall to deal with or cope in healthyways but this place has no time to deal with you or llour problem so we are told and that unspoken truth permeates the air to the point that .most have the mentalitll whll even trll why even care no one else does thus resorting to more behavioral problems and therefore more disdainfromthe officers anf there faimily ..Ita a neverindind cyc le that always starts or becomes worst in this place .

Now you can see the invisiable force that effects us not because its not noticable bvut because no one here wants to admit it is the cause for manll of the unhealthy patterns that alot of pe people have to go through

yet many of us can not see THE REALITY OF THINGS ..

BY [REDACTED]