

I Solation / real world

This is my first time in prison, But I have been incarcerated numerous an amount of times. When you come in here you know it's a whole other world completely. To me, I say it's like being buried alive, were like zombies. Life keeps moving if we were in the real world or not. That's life. But what we do in life is what truly matters. We live our lives how we ourselves live it. Just for the "Self" right? Then why are so many people involved in our lives? People need people, we wouldn't learn anything if it wasn't for a teacher, but we always have knowledge stored in us. Just don't know how to bring it out ourselves. Some people think it's best to isolate because there's no distractions, nothing to take them away from what they know or is use to, or to not worry about anything. How can one grow? How can one grow in a world like today? I'm young and theirs younger than me in here. How will we get back out and act or survive without the support of others, that so called love US? It's like this, for people in the real world who say they care or love us. "Out of sight out of mind." yes I understand we can't control anything that happens in the real world, they give us packets on it. We can't reach out and put people in our shoes and tell them "you see how it feels" they will never know or understand unless they were in with us doing time? There are some in a sense in the real world doing time with us. But not like us. There's no t.v. were I'm at, no newspaper, only one cell. We use the phone every other day if we were lucky and for 15 mins if we don't get through that's it. and Shower 3 times a week, then back in a cell with 2 other people. Only thing we have to look forward to is the phone and this one window, that's all the connection we have with the real world. I want to ask the Gards why they work here? Do they work just for the money? To be in control of something or someone?

or to learn the value of life by seeing our pain and struggle? I value life much more now, that I'm in prison, hearing some of the men talk. Some are doing 1yr to 5yrs to 10yrs to 15yrs and to me it's like fuck! I'm blessed still. But hearing them talk about what is, what was and what will be is a big eye opener. So maybe me being isolated from the real world for this time is needed? So I'm able to value my life more than I did before. I don't want to sit still like this ever again, but I understand now and can appreciate ~~this~~ this time to use it to my advantage, to just look at myself with no distractions or things and people like tv's, like how common people and life is out there, so called trends, I'm ok with living my life the way I want it to be. I have another chance to change for the better in the real world. Some don't, not saying it's too late to change because it's never too late. But the only thing that stays the same is change. That's something we will all see sooner or later. Sometimes we can be people's rock for them, they need someone to talk to so do we! Some need an outside or inside perspective of life in the real world, some just need someone that'll listen to them and vice-versa. We need each other, not all the time but mostly. You never know who's at their lowest in prison or outside of prison. ^{ec p} ~~Affecting~~ people for who they are is a step closer to not having strong emotions toward them for doing what they do. Bad or good. We all want peace and love, but we have to start with ourselves first. We have to be equal to ourselves to be equal to anybody else. Like the equal sign = it's one parallel line reflecting off another line. Both going the same way really. To all my best wishes and peace and love.