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Title:

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What I hide behind my smile will not surface for the while  
I show my teeth but underneath a part of me is aching to be set free  
Free from the anger I repress of those who told me I was less  
    simply by how I dress  
Loose from the ties around my chest that tell me I'm too much to express  
Unbound from the anchor that weighs me down that yells I have to stick  
around and stay within the ocean of not enough. Regret, sadness and  
drown but I'm fine so I smile  
If you looked in my eyes and saw the pain that I disguise you would never  
    see me the same  
Abundance of triggers painted by the past creating cavities in the floor of  
    my path  
I laugh  
Ironically I do cause I know the joke was never on you  
I do it to convince my mood not to brood cause a smooth sea never made  
    a skillful sailor and a great restaurant always has a waiter  
In other words to fuel my life and mind with greatness I must have  
    patience  
Endure and serve  
My higher self no matter how turbulent it gets around the curve  
I grin  
Now cause I know within there beats a will to win against our doubtful  
mind that doesn't encourage but leaves us  
    blind and behind  
But still I cry  
    cause it's hard sometimes when you're so  
        used to being surrounded by the white  
            lines of limits and lies that diminish

And though the crimes you've made penance  
Part of your mind is accustomed to listen  
Walt Whitman said re-examine everything  
You've been told and dismiss that in which insults your soul  
So when I smile  
I'm making the choice to nourish that  
    inner child and go back home before  
    the whole world abandons me alone  
Misunderstood I smirk cause it's the  
    only explaining that I could  
Cause if I let you in and you don't listen  
Then essentially not only my body but my heart is in prison  
So I smile and wait awhile until  
"you're not being here"  
I'm no longer aware  
I stop and stare jealous of the phase  
I had when I didn't care, I look back  
And it seems so much better over there  
But as I smile forward I see it reappear  
Chin up high as if no tear was ever there  
Heartaches of the past shall not repeat  
And the lessons are mine to teach  
As a light worker my smile can't help  
to gleam as I transmute the  
darkness I've seen in the quiet corners of my being

What I hide behind my smile is forgiveness  
That hasn't set in  
But my smile persists  
Until I let go of everything I held within