

## Non-Fiction Essays

state correction institution

(Sci) Rockview were built in 1856, where Pennsylvania Governor used this Facility to murder prisoners that is on Death row. Rockview is known for centuries of lynch mob terror, systemic discrimination in health care, Education, Program and every other aspect of Rockview. I am employed in the kitchen making trays for the entire facility were I am forced to work around racial oppression and dehumanization. I am forced to work at 4:30 a.m. to 5:00 p.m. with only one rest break. If I try to take more than one rest break, the correctional staff would threaten me with a misconduct. The electricity of frustrated prisoners coursing stronger than ever throughout the entire kitchen. Prisoners received 0.20 cent in hour were pay can increase to 48 cent a hour in a unhealthy environment, where prisoners is unmasked when preparing food. Pennsylvania Department of correction prior to 2014 knows the food has gotten drastically worse since 2015 when Aramark was subcontracted around 2018 to supply manage all PA Doc institution. Prisoners that refused to placed small portions of items on the trays are fire without pay, a misconduct is writing for disobeying staff orders. When working long hours caused sleep deprivation which make have bad mood swings and sometime I'll become highly impulsive. This kitchen job at rockview caused the correctional staff to have a desire that is irrationally, drags them toward pleasures, control which has made prisoners ~~commit~~ commit suicide inside the cell. This inhumane condition in Rockview kitchen, Block ~~solitary confinement~~, worker job in solitary confinement caused unnecessary pain and suffering, and the deficiencies compound of care is impossible because its reduced environmental stimulation, prisoners may deteriorate mentally.