

"Measure of a Man"

My journey from the suffering of extreme K-2 and tobacco smoke at the last prison facility had brought me up to a mountain with a very beautiful view. Again there was one small crowd of about 10 whom gathered to use tobacco. I had heard and seen through windows offenders under the influence of K-2. Officers at this mountain prison use extreme violence to handle nearly everything, the assistance towards any goals seems bland. Thankfully i was only there for aprox. "28 days".

Forward, deep into the litigation towards the nightmare i was forced to endure i arrived closer home near the coast. I saw my local home news on the T.V. here and it was very joyfull and rewarding after so much to be, to feel closer to the end of all of this. This was my first time in a "block" with 94 offenders 2 per each room and there is air conditioning.

This example of prison life begs the question "What are the behaviors and characteristics of a respectable person?"

Well, First we must admit to ourselves the many aspects we should open up to before we can relate to the truth. Everywhere, especially here the majority of people in prison "flock" towards what they know and insert themselves into the very same conformity that got them in prison in the first place.

The majority of Staff are aware of this and so much so that they are prewired in most cases to be ready to tell you just what you need to hear so they can walk away with no intention of doing or caring about whatever it was you said. This could be so, for something as simple as asking for a roll of toilet paper.

Working the sewing plant was fun for awhile but the stripping down naked twice a day and no chance in sight of anything other than in a chair all day for 6 months grew to be too much. And "Covid" was a big mess as we were moved around and the real mess started to unfold. "Roommate's", and the respectable person dilemma and of course the avoidance of more K-2 and tobacco use.

I believe the very characteristics of a person are passed down, within you from your ancestry. And are developed throughout our lives from birth, either willingly or unwillingly. Where we have lived and grown as this ever evolving world continues to apply pressure on us all in so many ways from every direction, that we need to just "Fit-in".

I have individuals who will come up to me and want to talk all the time and most times it can start out very well on an intellectual level. Well, you know me, I'm gonna put it right out there the first chance I get. "As long as you are part of the tobacco and drug use in this life and world you will never be able to keep and hold onto anything or anyone you hold dear to your heart." "You will have someone come take it from you or you will just outright lose it all on your own". Then we see how long they still want to talk or ever come back.

Acceptable possibility's, even the slightest can at least cause enough pause for an individual to make a better choice without even realizing it. A few good movies on the new tablet's these days can help keep someone away from the normalcy of usage.

And then with hope you and such people can continue forward with ~~more~~ in a familer way due to what movie you enjoyed. For me an example to get one thinking would be "Covid". "Id say", lets go back 123 years into the 1900's. All of our ancestors drank, ate, smoked and just did things that altered their biology and was passed down to us. Weakened and/or heightend, the ever resilient human body is full of dormant possibility's. The respiratory illness Covid targeted these pre-existing problems, perhaps what it was made to do.....

Therefore, characteristics and behaviors are also dormant. And with the tobacco and drugs used with materials containing toxic substance's within, and producing high levels of smoke fumes. People suffer greatly from second hand smoke. We see the Manipulation, the subterfuge, and the heightend addiction to these mixed substance's and the life syle in our cell's, our blocks, and the world we know. All are steadily evolving each individual that is involved into the very real threat people face at home everyday.

I acted in self defence, to save life and seek the help everyone needed in such a very terrible accident, costing me 22 years max. Yet my neighbors raped a minor and her child, another next door sold heroin for nearly 5 years and was caught with over 100 bags, scale's, and alot of cash. One got 9 years, the other got 10 years - both causing more harm to so much and many more. Suicide rate's, death's, family issue's, and the community damage's. These two people beside me are both non-violent offenders and going home this year. Neither one has any plans to change anything except "more" of what they know....

Prison staff negligence and their deliberate indifference to human life, morally and continuously fuels this evolutionary change into the worst case scenario's. Just even there attitudes provoke much within each and every offender. Thereby causing a sudden burst of hostility or worse, A bottled up individual whom does not truly react until out among the community and/or towards all whom look or act like the staff that hurt him so.

Our behaviors such as our love, our faith, hate remorse, and regret are only a few such emotional responses to be more. And as our own inner strength constantly battles to come out, we still end they still force us to keep it in because of the assumption it's about fitting in, either the staff or the offender.

So we fall, because of the labels and assumptions by people who want control and to control our lives in some type of way. To be used for their selfish gain and designed in a way that performs continuously. A circle we are yet to break free from and return to our pre-ordained destiny, a strait path together. Here there are the 94 rooms with only 2 showers, canteen, yard and other forms of work and such interruptions that everyone cannot get done each day. If offenders find a docile way to accommodate each the staff will disrupt such effort to upset the balance and create opportunities of aggression even in the smallest ways such as now, no shower till 9am, but we lock down at 9:45 and don't come back out till 11am.

In my efforts i point out that all selfishness is the root of evil that must be fought and the groundwork for the sacrifice's we must make. Not to just fit in but to truly be more. As we fight selfishness by making the sacrifices for others, we create change in a powerful way. As human beings, born again within us "Morals" and it means that our characteristics should have never been led to believe that any specific label or any assumption should or could ever determine the amount of importance of all our families, communitys, friends, loved one's

For me now, it's been 8 days with no mental Health medication, No special diet and im missing blood pressure and pain medication. Yep, im in Protective custody again and on my way to a facility i hope is even closer homeward. My litigation is still going strong, i must move on and it's the same plan, more school and any possibility's that will help. I now have done i believe 11 classes/programs and graduated top of class or such.

Technically, in 39 days i would qualify for minimum custody due to my points (5) for nearly 4 years. My candor and accomplishments as well as only one write-up in 14 years (7 years ago - wrongfully charged) I will be 51 tomorrow 8/29/23 and i do have a few medical issues worsened due to the assault upon myself by Staff solicitation. They will not grant me my minimum until my last 5 years and so for the next approx. 24 months i will file and file and put pen to paper requesting my minimum school opportunities and duefully earned work - Release.

Our moral responsibility is to make these sacrifices to protect all from harm. A respectable man is made up of all this wisdom here and needs not ask for anything, due to the sacrifices and changes made. There is a "balance" to all things, even in the pursuit of justice. We were not sent here to be punished or re-bred into something worse. If i do survive this, the very essence of this act will forever grant amazing and untold possibilities for all because i am more and you are more together we are more so.

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